

## HOLMEN AREA AQUATIC CENTER

American Red Cross

# Lifeguard Training Class

**Dates:** January 19/20 or February 23/24 plus one other day  
(we need to decide as a group)

**Times:** **MUST ATTEND ALL DATES & TIMES**  
-Saturday and Sunday from 8:00 a.m to 5:00 p.m.

**Location:** UW-La Crosse  
Mitchell Hall Pool  
La Crosse, WI 54601



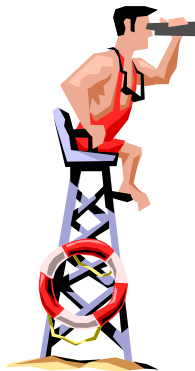
**Fee:** \$207.00 (includes books)

- No refunds
- Payable to: See Mr. Parkhurst

**Pay at:** See Mr. Parkhurst in Room 521

**Prerequisites:**

- 15 ½ years of age at time of class.
- Strong swimmer
- ATTEND ALL CLASSES!
- Swim 500 yards continuously.
- Demonstrate competency to 80% on all tests.



**NO REFUNDS - NO AUDITS**  
**Class is limited to ten participants.**  
**See Mr. Parkhurst if Interested by**  
**Tuesday January 8.**