

# HOLMEN AREA AQUATIC CENTER

American Red Cross

## 2010 WSI - Water Safety Instructor Class

**When:** Monday, May 31 (5pm-10pm)  
Tuesday, June 1 (5pm-10pm)  
Wednesday, June 2 (5pm-10pm)  
Thursday, June 3 (5pm-10pm)  
Friday, June 4 (5pm-10pm)



**You must attend all sessions, no exceptions.**

**Location:** Holmen Aquatic Center, 315 Anderson St., Holmen, WI 54636

**Fee:** \$115.00 (includes book, class normally costs \$150-\$250!!)

- No refunds
- Payable to: Holmen Park & Recreation Dept.
- **Must register & pay by: May 7, 2010 (may fill-up sooner!)**
- \*Limited to first 10 people with paid registration fee.
  - **\*Holmen Aquatic Center staff only, non-staff may enroll if openings remain as of May 7, 2010** (non-employees will be put on a waiting list).



**Description:** This course trains instructor candidates to teach water safety, including the Basic Water Rescue course, six levels of Learn-to-Swim and Parent and Child Aquatics.

**Prerequisites:** You must be at least 16 years of age by the last day of training, and have the ability to perform the following swimming skills: Swim-Front Crawl-25 yards, Back Crawl-25 yards, Breaststroke-25 yards, Elementary Backstroke-25 yards, Sidestroke-25 yards, and Butterfly-15 yards. Maintain position on back 1 minute in deep water (floating or sculling). Thread water for 1 minute.

**Certification:** Once a candidate completes all reading assignments, participates in all activities, successfully completes all practice teaching assignments, and passes the final written exam, they will receive a Water Safety Instructor Certification, which is valid for 2 years and will renew annually as long as you continue to teach Water Safety courses.

**Register at:** Holmen Village Hall  
PO Box 158, 421 S. Main St., Holmen WI 54636  
(608) 526-2152 or register online at [www.holmenwi.com](http://www.holmenwi.com)

**Class is limited to ten participants (\*Holmen pool staff have priority over non-staff).  
Register Early To Guarantee A Spot! Call 608-526-2152 for more information.**