

# VILLAGE OF HOLMEN PARK & RECREATION DEPARTMENT

*"Creating Community through People, Parks & Recreation"*

# FALL & WINTER 2016-2017



- Youth Sports and Activities
- Adult Sports Leagues
- Group Fitness Classes
- Leisure and Educational Opportunities
- Community Events

Village of Holmen • Park & Recreation Department • P.O. Box 158 • Holmen, WI 54636

Email us: [brogan@holmenwi.com](mailto:brogan@holmenwi.com) • [geary@holmenwi.com](mailto:geary@holmenwi.com)

Office: (608) 526-2152 • Aquatic Center: (608) 526-6092 • Fax: (608) 526-4357

[Twitter@HolmenParkRec](https://twitter.com/HolmenParkRec) • [Facebook.com/HolmenParkRec](https://www.facebook.com/HolmenParkRec)

Recreation Cancellation Hotline: (608) 526-6312



# General Information

## Contact Information

### Park & Recreation Office

Located in the Holmen Village Hall  
Office hours:  
M-F, 8:00 a.m.-4:30 p.m.  
P.O. Box 158, 421 S. Main St.,  
Holmen, WI 54636



Phone: (608) 526-2152 • Fax: (608) 526-4357  
Cancellation Hotline: (608) 526-6312  
Email: brogan@holmenwi.com or geary@holmenwi.com  
Web Site: www.holmenwi.com/holmenpr

### Park & Recreation Staff

Mike Brogan, Park & Recreation Director (608) 526-6318  
Chris Geary, Assistant Director (608) 526-6317

### Village Administration

Nancy Proctor, Village President (608) 526-6307  
Scott Heinig, Administrator (608) 526-4160  
Angela Hornberg, Clerk/Treasurer (608) 526-4336  
Ann Quamme, Billing Clerk (608) 526-4336  
Dean Olson, Director of Public Works (608) 526-6323  
Shane Collins, Chief of Police (608) 526-4212  
Fire Department (608) 526-9363  
Bud Raymer, Building Inspector (608) 526-4336

## Employment Opportunities

### FALL JOBS (Hiring July-September)

Flag Football (Supervisor, Referees, Volunteer Coaches)  
Youth Volleyball (Referees, Scorekeepers, Coaches) Adult  
Volleyball League (Supervisor)  
Special Events (Instructors)  
Middle School Tennis (Asst. Instructors)  
Group Fitness (Instructors)

### WINTER JOBS (Hiring September-December)

Youth Basketball (Supervisor, Coaches, Referees)  
Adult Volleyball League (Supervisor)  
Cheerleading (Supervisor, Instructors)  
Group Fitness (Instructors)

### SPRING JOBS (Hiring February-April)

Soccer (Supervisor, Paid & Volunteer Coaches,  
Certified Referees)  
Track (Supervisor, Instructors, Meet Volunteers)  
Park Maintenance (Seasonal 40 Hr./wk.)  
Group Fitness (Instructors)

**Applications available at Village Hall or online.**



# I can't wait to

# Be a Girl Scout!

## Troops Forming Now

**JOIN TODAY** [gsbadgerland.org](http://gsbadgerland.org) or 800.236.2710



# Registration Information

## Registration Procedures

1. Fill out the appropriate registration forms provided, be sure to give complete information. Extra forms are available at the Park & Rec. office, online, or forms may be copied.
2. **REGISTER EARLY!** You may register by mail (P.O. Box 158, Holmen, WI 54636), office walk-in, or use the drop box located in the front of the Holmen Village Hall (421 S. Main St.). Registration procedures may vary for some programs. Deadlines will vary depending on the specific program.
3. Completed registration form and payment is required. Incomplete registrations will be returned. Make checks payable to: HOLMEN PARK & RECREATION DEPT. We now accept VISA and MASTERCARD.
4. Phone registrations are not accepted, unless specifically stated.
5. Instructors may not accept registrations at the class site.
6. **LATE REGISTRATION POLICY:** There will be no prorating of program fees for late registration. Late fees may apply in some cases when stated.

### REFUND POLICY:

- There will be no refunds after the start of any program unless: 1) due to medical reasons, 2) program is cancelled, or 3) a change in the original scheduled activity by the Department.
- There will be a \$5.00 service charge for processing refunds. Refunds may take 1-2 weeks to be completed.
- Non-resident fees can not be transferred from one participant to another after a program has begun

### CANCELLATIONS DUE TO WEATHER:

- Call the Park & Recreation **CANCELLATION HOTLINE AT (608) 526-6312**, or call your coach/ instructor. When in doubt, report to the program site.
- Programs held in the public schools will be cancelled when schools are closed (weather, holidays, school functions).

## How to Register Online

Online registration for all fall and winter programs will begin immediately.

Please follow the simple steps below to register online.

1. Find the activities you want to register for in this brochure.
2. Go to our website at [www.holmenwi.com/holmenpr](http://www.holmenwi.com/holmenpr), click on "Register for Recreation Programs".
3. Choose your activity and click to register.
4. Once you complete the registration form, pay with Visa or MasterCard (Active.com is a secure web site) and receive an e-mail confirmation of your enrollment. This is the only receipt and confirmation you will receive. If you do not receive an email confirmation please contact our office at (608) 526-2152 to confirm your registration. The next step is to attend the class/activity as scheduled. The participant's name will be on the class roster.
5. Each online registrant will pay the event registration fee charged by agency plus a service charge equal to 6.5% of the registration fee plus \$.50, with a minimum service charge of \$2.00. If the registration fee is between \$150 - \$500, the service charge will be 3.5% plus \$5.00, and for fees above \$500, the service charge will be 2.5% plus \$10.00.

Visit our website today and see for yourself how easy it is to register online:  
Click on "Register for Recreation Programs"

Online  
Registration  
Available 24 hrs!

Holmen Park & Recreation  
On The Web: [www.holmenwi.com/holmenpr](http://www.holmenwi.com/holmenpr)

## Five Easy Ways to Register



### Online

[www.holmenwi.com/holmenpr](http://www.holmenwi.com/holmenpr)  
Log-in NOW and follow the step-by-step instructions & receive your approval via e-mail.  
Charge cards only.



### In-Person/Walk-In

Accepted at the Village Hall office Monday-Friday 8 a.m.-4:30 p.m.  
Please prepare a completed registration form prior to arrival so we can serve you more efficiently.



### Mail-In

Mail your completed registration form along with payment to:  
Holmen Park & Recreation Registration,  
P.O. Box 158,  
421 S. Main St.,  
Holmen, WI 54636



### 24 Hour Drop Box

At your convenience, drop-off your complete registration form with payment in a sealed envelope marked Park & Recreation Registration. The drop box is located at the Village Hall entrance doors.



### Fax

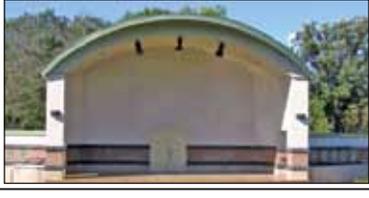
(608) 526-4357  
Registrations by fax will be accepted on a 24 hour basis with Mastercard or Visa payments. Simply complete the registration form and include your credit card information.

# Holmen Facility Rentals

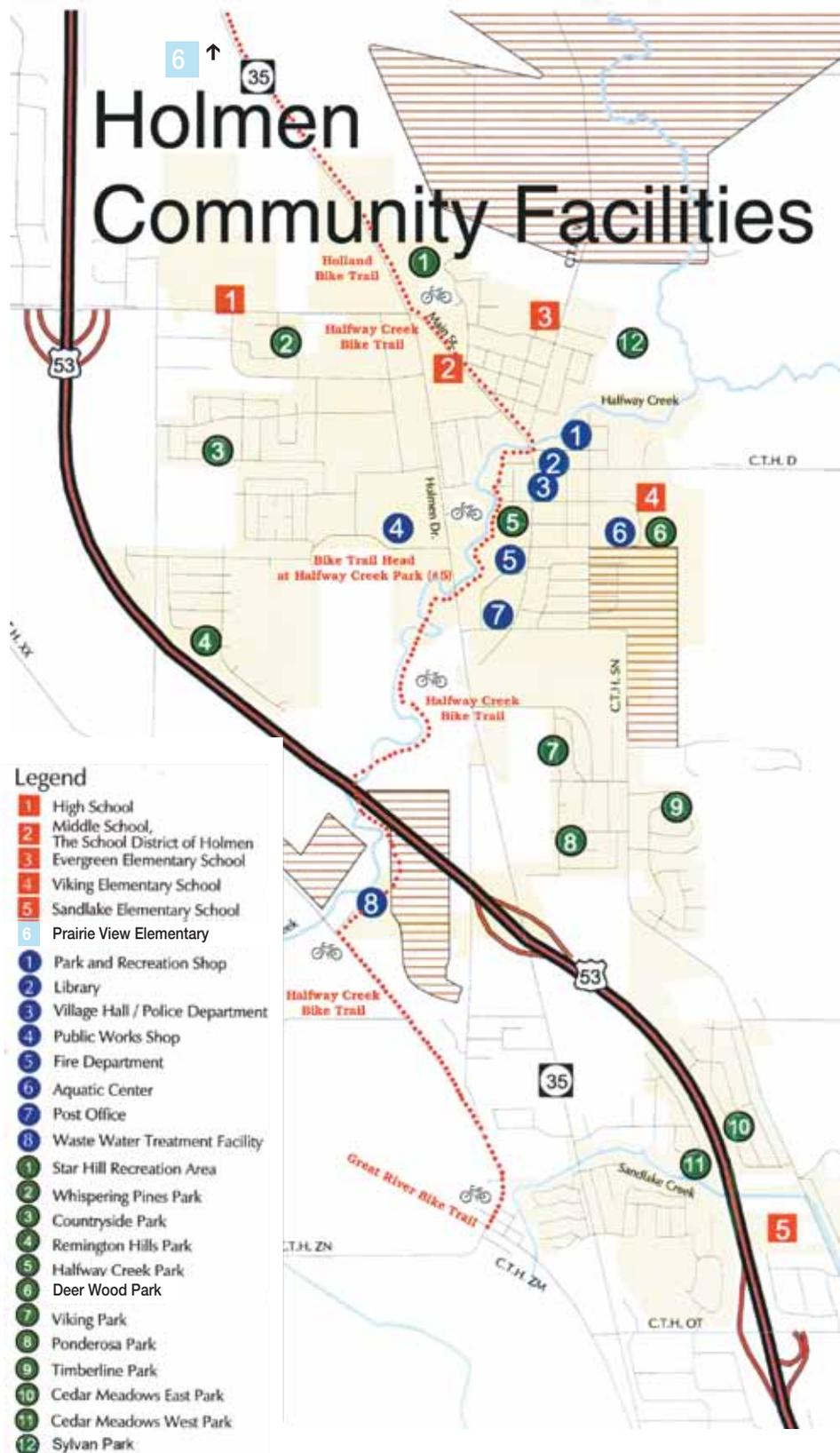
## Park Shelter Reservation Policies

- **2017 Shelter reservations will be accepted beginning Tuesday, Jan. 3, 2017 at 8:00 a.m.**
- Reserve shelters at the Holmen Village Hall Office, 421 S. Main St., Holmen, phone (608) 526-2152 or online.
- Park Shelter Hours Available: 8:00 a.m.-10:00 p.m.
- **All enclosed shelters require a key pick up the last weekday before your event** as we are not open on the weekends and the key must be returned the next day. A 24 Hour Drop-Box is available at the Holmen Village Hall (421 S. Main St.). Village Hall office hours: Mon. - Fri., 8:00 a.m. - 4:30 p.m.
- **A separate \$50.00 deposit (cash or check) is required when reserving the shelter.**
- **NO RESERVATIONS ACCEPTED WITHOUT PAYMENT**
- **Refunds:** 50% Refunds will be issued if the Village is notified at least 7 days prior to reservation date, a fee of 50% of the fee will be assessed for shelter refunds. Call the Holmen Village Hall Office, 421 S. Main St., Holmen, phone (608) 526-2152.
- **NON-PROFITS NO LONGER RECEIVE SHELTERS AT NO COST, DUE TO VILLAGE OF HOLMEN COSTS FOR CLEANING AND SUPPLIES**

**West Shelter Can Be Reserved from January - February 2018**

FACILITY	RESIDENT FEE	NON-RESIDENT FEE	
<b>Enclosed Shelters: Resident or Non-Resident Fee &amp; separate \$50 key/security deposit required.</b>			
<b>Halfway Creek Park, East Shelter (formerly A)</b> Capacity 100: 211 Pool St., Holmen, east side of creek, by Band Shell	<b>\$50/day</b> & \$50 security/key deposit	<b>\$100/day</b> & \$50 security/key deposit	
<b>Halfway Creek Park, West Shelter (formerly B)</b> Capacity 100: 400 Walnut Dr., Holmen, west side of creek, open year round, heated/air conditioned	<b>\$100/day</b> & \$50 security/key deposit	<b>\$150/day</b> & \$50 security/key deposit	
<b>Ballfield Reservations - Deerwood Park</b> 500 Anderson St., Holmen Weekend Tournament (all 3 fields). Must provide proof of insurance. Reservation form must be submitted at least one month prior to event.	<b>\$50/weekday per field</b> <b>\$100/weekend per field</b> <b>\$500/weekend all 3 fields</b>		
<b>Band Shell Reservations</b> Halfway Creek Park <b>\$100 Deposit</b> May 1 - Oct. 31	<b>\$50/day</b> Mon.-Thurs. <b>\$75/day</b> Friday	<b>\$100/day</b> Sat. & Sun.	
<b>Open Air Shelters</b> are located in Cedar Meadows East Park, Whispering Pines Park, Sylvan Park, Countryside Park, Remington Hills Park, & Deerwood Park.	<b>\$25/day</b>	<b>\$25/day</b>	

# Holmen Community Facilities



- 10. Cedar Meadows East Park**  
3103 S. Cedar Avenue  
Playground, Basketball Court, Open Field, Picnic Shelter (reservable) (1.46 acres)
- 11. Cedar Meadows West Park**  
3303 S. Locust Avenue  
Playground, Open Field, Walking Trail (1.18 acres)
- 3. Countryside Park**  
1000 Western Avenue  
Playground, Soccer Field, Volleyball Court, Basketball Court, Open Shelter (reservable) (3.25 acres)
- 6. Deer Wood Park**  
500 Anderson Street  
Open until 11:00 p.m., 3 Baseball/Softball Fields (reservable), 4 Tennis Courts, Half-Mile Walking Trail, Basketball Courts/Ice Hockey Rink, Batting Cage, Nature Trails, Sledding Hills, Playground, Restrooms, Picnic Shelter, and Aquatic Center nearby (40 acres)
- 5. Halfway Creek Park**  
300 W. Roberts Street/400 Walnut Drive  
Band Shell (reservable) Restrooms, East & West Playground, Access to Trail, Volleyball Court, Horseshoe Pits, Enclosed (reservable) Shelters, Picnic Areas. (14.51 acres)
- 8. Ponderosa Park**  
300 Flora Court  
Basketball Court, Playground, T-Ball Field (1.06 acres)
- 4. Remington Hills Park**  
1100 S. Cherry Lane  
Playground, Open Space, Open Shelter (reservable), Volleyball Court, Soccer/Football Field, Basketball Court, Softball/Baseball Field, 2 Tennis Courts (7.5 acres)
- 9. Timberline Park**  
700 Evergreen Drive  
Playground, Basketball Court (2.5 acres)
- 7. Viking Park**  
1602 Viking Avenue  
Playground, Basketball Court (.533 acres)
- 2. Whispering Pines Park**  
925 Dana Lane  
Playground, Basketball Court, Open Shelter (reservable), Open Field (1.66 acres)
- 12. Sylvan Park**  
403 E. McHugh Street  
Playground, Basketball Court, Open Shelter, Soccer Field (1.94 acres)

# Come To Us When You're On The Go

- Quick, Healthy Snacks
- Treats for the Team
- Grab Dinner at our Deli on the Way Home
- Schedule a Brat Barn Fundraiser for your team or organization!



## Hot Bar Daily Themes:

**MONDAY:**  
BBQ Day



**TUESDAY:**  
Taco Bar



**WEDNESDAY:**  
Stir Fry



**THURSDAY:**  
Italian

**FRIDAY:**  
Supper Club



**SATURDAY & SUNDAY:**  
Comfort Days Cook's Choice



## NEW SALAD BAR ITEMS

- Artichoke Hearts
- Roasted Garlic
- Kalamata Olives
- Baby Shrimp
- Kale
- Mixed Berries

**festival**  
foods  
Locally Owned Community Involved

**Onalaska**  
OPEN 24 HOURS  
1260 Crossing Meadows Dr.  
781-2272

**Village, La Crosse**  
OPEN 24 HOURS  
2500 State Rd.  
788-8777

**Holmen**  
OPEN 6am to 11pm  
600 North Holmen Dr.  
526-3339

**Copeland Ave., La Crosse**  
OPEN 24 HOURS  
30 Copeland Ave.  
785-1000



# Group Fitness

## Pilates Fusion

Pilates Fusion is a unique class designed to build strength & gain flexibility. The moves fit perfectly together to form a class filled with intense choreography that's fun, challenging and will make you sweat. And to top it all off, the music is awesome!

It's about energy, power, and rhythm. Think sculpted abdominals, increased overall core strength, and greater stability.

Mats are available on site, or bring your own.

**Instructor:** Sarah Lau-Melby

**Day:** Wednesdays

**Time:** 5:15-6:00 a.m.

**Dates:** Session #1: September 14–November 21  
Session #2: November 9–December 21  
Session #3: January 11–March 1

**Site:** Halfway Creek Park, West Shelter  
(400 Walnut Drive)

**Fee:** \$25 per session

**Limit:** 8 Min, 20 Max

## Pilates Barre

This 45 minute full body workout will not waste your time! Pilates Barre is the fastest & most effective way to change your body. You will have a leaner, stronger, and new physique in no time. You will use small hand weights to work upper body, then go to the wall or use the back of a chair for support as you work your legs, seat, hips, thighs, and core. Next we go to the pilates mat to finish with abs and core. Each workout is a little different to keep things fresh and fun. No previous experience required.

**Items Needed:** Small hand weights 2-5 lbs max.

**Instructor:** Sarah Lau-Melby

**Day:** Mondays

**Time:** 5:45-6:30 p.m.

**Dates:** Session #1: September 12–October 31  
Session #2: November 7–December 19  
Session #3: January 9–February 27

**Site:** Halfway Creek Park, West Shelter  
(400 Walnut Drive)

**Fee:** \$25 per person

**Limit:** 8 min. 20 max.

## Yogalates

Yogalates takes the strength and flexibility exercises of a Yoga class and combines them with the core tightening and strengthening of Pilates. Combine the best of Yoga and Pilates, with Yogalates. This invigorating class will work your entire body with a focus on core, flexibility, and strength.

This great combination will help achieve a strong flexible body, while toning and slimming while feeling more relaxed. This class is for all levels and fitness types, modifications are always offered. This class is also perfect for those already taking Yoga and Pilates.

**Instructor:** Elaine Bodin

**Days:** Thursdays

**Time:** 4:15-5:15 p.m.

**Dates:** Session #1: September 15–November 3  
(No Class October 13)  
Session #2: November 10–December 22  
Session #3: January 12–March 2

**Site:** Halfway Creek Park West Shelter  
(400 Walnut Dr.)

**Fee:** \$30 per person

**Limit:** 5 min, 12 Max

## Pound

Pound is a full-body jam session that combines cardio, conditioning and core work with the excitement and euphoria of drumming! Using lightly weighted drumsticks called Ripstix™, you'll rock your entire body into beautiful shape while torching calories, isolating core muscles, and strengthening coordination and balance.

This workout will allow you to let loose, enjoy some awesome music while toning your body. This is for all levels of fitness. No previous experience required.

**Items Needed:** Yoga Mat

**Instructor:** Sarah Lau-Melby

**Day:** Thursday

**Time:** 7:30-8:15 p.m.

**Dates:** Session #1: September 15–November 3  
Session #2: November 10–December 22  
Session #3: January 12–March 2

**Site:** Halfway Creek Park West Shelter  
(400 Walnut Dr.)

**Fee:** \$25 per person

**Limit:** 8 min, 20 max

## Senior Chair Aerobics

The Village of Holmen has contracted with the YMCA to offer weekly chair aerobics group exercise classes on Wednesdays at the Holmen Village Hall Community Room. Discover what so many other Holmen area seniors already have.

**Days:** Each Wednesday

**Time:** 11:00 a.m. –1:30 p.m.

**Who:** Adults, 55 and older

**Fee:** Free with paid senior meal.  
(County nutrition program)

# Group Fitness

## Yoga Sculpt

This requires a mat and 1-3 lb. hand weights. Hand weights are used while holding a static yoga posture. This will strengthen the upper and lower body at the same time. This will increase stamina and will also stretch and lengthen our muscles.

**Instructor:** Elaine Bodin

**Days:** Wednesdays

**Time:** 5:30-6:15 p.m.

**Dates:** Session #1: September 14–November 2  
(No Class October 12)

Session #2: November 9–December 21

Session #3: January 11–March 1

**Site:** Halfway Creek Park West Shelter  
(400 Walnut Dr.)

**Fee:** \$30 per person

**Limit:** 5 min, 10 max

## Hatha Yoga

Different fitness levels are welcome! This class will adapt to the needs of the participants. We will learn to incorporate our breath with movement while gaining strength and mobility in the body. Bring a mat or there are some on site that can be borrowed. Blocks which will assist with a deeper posture are recommended, but not required.

**Instructor:** Elaine Bodin

**Days:** Tuesdays

**Time:** 4:15-5:15 p.m.

**Dates:** Session #1: September 13–November 1  
(No Class October 11)

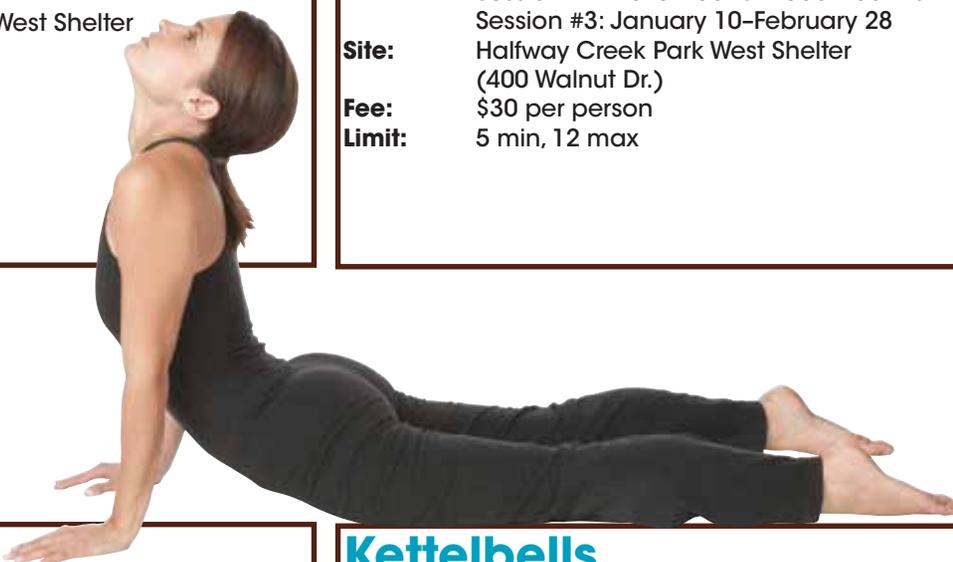
Session #2: November 8–December 20

Session #3: January 10–February 28

**Site:** Halfway Creek Park West Shelter  
(400 Walnut Dr.)

**Fee:** \$30 per person

**Limit:** 5 min, 12 max



## Tabata Express

Short on time? Tabata Express is the most remarkable approach to HIIT (High Intensity Interval Training). It is short, but effective. This 30 minute workout will allow you to drop sizes and inches and be in the best shape of your life. We will use different timing sequences that will combine cardio and strength moves to find results. You will burn 5x more calories after you workout with this EPOC system. Bring small weights, yoga mat and water and be ready to sweat!

There are three levels to every move - hard, harder, and hardest, so something for all levels of fitness!

**Instructor:** Sarah Lau-Melby

**Days:** Fridays

**Time:** 5:15-5:45 a.m.

**Dates:** Session #1: September 16–November 4

Session #2: November 11–December 23

Session #3: January 13–March 3

**Site:** Halfway Creek Park, West Shelter  
(400 Walnut Dr.)

**Fee:** \$25 per person

**Limit:** 8 Min., 20 Max.

## Kettelbells

Kettelbell training is different than other forms of weight training because many parts on the body are exercised simultaneously and in addition kettelbell training elevates the heart rate for effective cardiovascular training. The use of heavier weights will facilitate the development of power and strength in muscles throughout the entire body. This 45 minute class will give fast results for strength, endurance, and muscle toning by challenging both the muscular and cardiovascular systems.

**Participants are to bring yoga mat and one kettelbell of their choice to class.** 15-20 lb. kettelbell is recommended.

**Instructor:** Sarah Lau-Melby

**Day:** Mondays

**Time:** 6:35-7:20 p.m.

**Dates:** Session #1: September 12–October 31

Session #2: November 7–December 19

Session #3: January 9–February 27

**Site:** Halfway Creek Park, West Shelter  
(400 Walnut Dr.)

**Fee:** \$25 per person

**Limit:** 8 min. 20 max.

# Group Fitness

## Zumba

Are you ready to party yourself into shape?

When participants see a Zumba class in action, they can't wait

to give it a try. Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before participants know it, they're getting fit and their energy levels are soaring! There's no other fitness class like a Zumba Fitness-Party. It's easy to do, effective and totally exhilarating, often building a deep-rooted community among returning students.



### Class #1:

**Instructor:** Anne Nyseth  
**Days:** Mondays & Wednesdays  
**Time:** 4:15-5:15 p.m.  
**Dates:** Session #1: September 12–November 2  
Session #2: November 7–December 21  
Session #3: January 9–March 1  
**Site:** Halfway Creek Park, West Shelter (400 Walnut Dr.)  
**Fee:** \$30 per person  
**Limit:** 8 Min., 20 Max.

### Class #2:

**Instructor:** Anne Formanek  
**Days:** Tuesdays & Thursdays  
**Time:** 5:30-6:30 p.m.  
**Dates:** Session #1: September 13–November 3  
Session #2: November 8–December 22  
Session #3: January 10–March 2  
**Site:** Halfway Creek Park, West Shelter (400 Walnut Dr.)  
**Fee:** \$30 per person  
**Limit:** 8 Min., 20 Max.

### Class #3:

**Instructor:** Becky Edwards  
**Days:** Tuesdays & Thursdays  
**Time:** 6:30-7:30 p.m.  
**Dates:** Session #1: September 13–November 3  
Session #2: November 8–December 22  
Session #3: January 10–March 2  
**Site:** Halfway Creek Park, West Shelter (400 Walnut Dr.)  
**Fee:** \$30 per person  
**Limit:** 8 Min., 20 Max.

# Upcoming Youth Programs

## Viking Youth Indoor Soccer (Grades K-6)

The Viking Youth Soccer Academy is offering indoor soccer this winter for grades K-6. All practices and games will be on Sunday afternoons. Sessions will be held at the Holmen Middle School. All players must be equipped with shin guards, soccer socks, water bottle, and gym shoes (high-tops not recommended). Volunteer coaches are welcomed and encouraged to assist with groups.

### Must Register by Friday, November 18

**Season Schedule:** November 20–March 12, Sundays  
Boys & Girls Grades 1 & 2 12:00 p.m.-1:00 p.m.  
Boys & Girls Kindergarten 1:00 p.m.-2:00 p.m.  
Boys & Girls Grades 1 & 2 2:00 p.m.-3:00 p.m.  
Boys & Girls Grades 3 & 4 3:00 p.m.-4:30 p.m.  
Boys & Girls Grades 5 & 6 4:30 p.m.-6:00 p.m.  
Boys & Girls Grades 7 & 8 6:00 p.m.-7:00 p.m.

### No meeting 12/25 & 1/1

**Fee:** Residents \$24.00 Non-Residents \$48.00

**Note:** Times could change depending on the size of an age group.

## Become A Youth Soccer Referee

Looking to Referee Soccer Games this coming Spring?  
Be sure to get Certified or Re-Certified

Courses are offered over the winter.

Apply at Holmen Village Hall

Visit the website [www.wisref.org](http://www.wisref.org) for listing of upcoming courses in the Coulee Region. We are looking for officials to referee youth soccer matches, grades 1-8. Matches are typically played Tues/Thurs/Sat/Sun. Flexible scheduling.

## Youth Basketball Grades 1-2

**Grades 1-2:** Format will be instructional with modified practice game play on lowered baskets for optimal success.

**Dates:** Saturdays  
January 7-February 25

**Site:** Viking Elementary

**Grades 1 & 2:**

**Times:** 10:00 a.m.-11:30 a.m.

**Fee:** Resident-\$18.00  
Non-Resident-\$33.00

**Register by:**  
Friday, December 23

**Parent Volunteer Coaches  
Wanted**



# Spring 2017 Soccer Programs

## **VIKING YOUTH SOCCER ACADEMY: (AGES 4, 5, & 6) "VYSA"**

Coach Andy Olson's Academy program is the premier introduction to soccer in the Coulee Region and provides an opportunity for Boys & Girls ages 4, 5 & 6 to learn the game of soccer. The format will include camp style skill development and small sided (4 on 4) in house style league games. Small sided games allow players to have the most contact with the ball and best opportunity to develop their skills.

## **PRE-K & 4K VYSA (AGES 4-5) "JR Viking Soccer Academy"**

JR Academy participants who are pre-k or 4k age will meet on Saturdays from 9:00-9:45 a.m., and on Mondays at 6 p.m. Season will end with league games and player award distribution.

## **KINDERGARTEN VYSA (AGES 5-6) "Viking Soccer Academy"**

Academy participants who are in Kindergarten will meet on Saturdays from 8-8:45 a.m., and on Mondays at 5 p.m.

**DATES & REGISTRATION MATERIALS FOR VYSA WILL BE RELEASED IN JANUARY THROUGH THE SCHOOLS! CHECK VIRTUAL BACKPACK!**

**FEE:** Resident \$25; Non-Resident \$50 (**Fee for Soccer Academy includes TEAM SHIRT & BALL to keep.**)

**\*\* ALL PLAYERS** must furnish their own shin guards and soccer socks. Plastic molded cleats are recommended.

## **YOUTH REC SOCCER: (GRADES 1-4) "Park & Rec Soccer League"**

The area Park and Recreation Departments offer a spring recreational soccer league (PRSL) for Grades 1-4 that will play league games on Saturdays and have games or practice on Tuesday and Thursday evenings. The program format will involve some traveling (transportation is not provided) to Onalaska, Bangor, La Crescent & West Salem. Practices will be held at **Viking Elementary School or Sylvan Park**. Boys will play in a boy's league and girls will play in a girl's league. Parent Coaches needed for all Teams.

**PRSL Divisions:** Boys grades 1-4 Girls grades 1-4 (**Sign up for an individual grade**)

**FEE:** Resident - \$30.00; Non-Resident - \$60.00

**MUST REGISTER BY FEBRUARY 3rd** - This is a mandatory league deadline!

**FIRST MEETING:** See the chart below for the start date, time, & site for your Child's first team meeting.

Once games begin teams will have a league game or practice on Tuesday and Thursday night. Game schedule will vary (time & site) on Saturdays from week to week. (TO BE ANNOUNCED) Please call the Park & Rec Cancellation Hotline at 526-6312 to make sure there haven't been any changes on game days.

## **TRAVELING SOCCER: (GRADES 5-8)** The Park and Recreation Department will offer a great opportunity for boys and girls ages 11-14.

Games will be played on **Saturdays AND Sundays** and will involve travel to outside communities. (NO transportation will be provided) Boys will play in a boy's league and girls will play in a girl's league. Parent Volunteer Coaches are needed for all teams. Tentative season practice details listed below.

**PLAYERS MUST REGISTER BY FEBRUARY 3rd** - This is a mandatory league deadline! Players will be placed on teams according to grade;

Age groups may be combined if needed.

**FEE:** \$70.00\* per player \* Fees are based on league & referee costs per player

**Season Dates:** Start date listed with age group - First Weekend in June

**Mandatory Coaches Meeting is on Monday, March 6th at 6:00 p.m. at the Holmen Village Hall**

### **Age Divisions & Schedule for 1st meeting**

Players will meet as a large group this day and be broken out into teams; age groups may be combined to make teams. Players will receive team assignment & schedule on this day. Practice schedule will be set by your coach and will vary by team. Typically travel teams have two practices per week and games on **Saturdays AND Sundays**.

## **What Age Group is Your Child for the 2017 spring soccer season?**

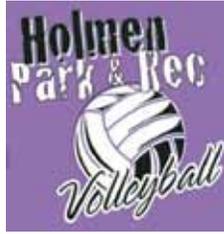
<b>Age Group</b>	<b>First Meeting Site</b>	<b>Start Date</b>	<b>First Meeting Time</b>
<b>1ST GRADE</b>	Holmen Middle School Gym B	Sunday, March 12	3:00 p.m.-4:00 p.m.
<b>2ND GRADE</b>	Holmen Middle School Gym B	Sunday, March 12	3:00 p.m.-4:00 p.m.
<b>3RD GRADE</b>	Holmen Middle School Gym B	Sunday, March 12	4:00 p.m.-5:00 p.m.
<b>4TH GRADE</b>	Holmen Middle School Gym B	Sunday, March 12	4:00 p.m.-5:00 p.m.
<b>5TH GRADE</b>	Holmen Middle School Gym B	Sunday, March 12	5:00 p.m.-6:00 p.m.
<b>6TH GRADE</b>	Holmen Middle School Gym B	Sunday, March 12	5:00 p.m.-6:00 p.m.
<b>7TH GRADE</b>	Holmen Middle School Gym B	Sunday, March 12	6:00 p.m.-7:00 p.m.
<b>8TH GRADE</b>	Holmen Middle School Gym B	Sunday, March 12	6:00 p.m.-7:00 p.m.

# Fall Youth Sports Programs

## Youth Volleyball (Grades 3-4)

Program is open to youth grades 3-4.

Program will focus on teaching basic fundamentals, with "in-house" league play. 30 minutes of team practice, followed by "in-house" style league games.



**Dates:** September 10–October 22, Saturdays

**Time:** 9-10:30 a.m.

**Location:** Holmen High School-Gym A/B

**Fee:** Resident - \$18.00 (T-shirt included)  
Non-Resident - \$33.00 (T-shirt included)

**Register By:** August 31

**Parent Volunteer Coaches Wanted**

**Program will not meet 10/1  
(Oktoberfest Parade)**

## Flag Football (Grades 1-2)

Flag Football is open to youth grades 1-2. Game days will consist of 30 minutes of team practice, followed by "in-house" style league games. **Register by August 31.** Coaches may schedule additional practices during the week (to be announced by your coach).



**Dates:** September 10–October 29, Saturdays

**Sept. 10 - First Day - ALL PLAYERS meet from 9:00 a.m.-10:30 a.m. at Deer Wood Park Shelter**

**Times:** Games will be played at 9 a.m. or 10:30 a.m.

**Site:** Deer Wood Park, Field A & B

**Fee:** Resident \$18.00; Non-Resident-\$33.00

**Volunteer Coaches are needed for all flag football teams. Please call 526-2152 or sign up on the registration form if interested. The mandatory Coaches Meeting is Tuesday, September 6 at 5:30 p.m. at Village Hall.**

**Program will not meet 10/1 (Oktoberfest Parade)**

## Traveling Volleyball (Grades 5-6)

5th & 6th Grade girls will be placed on teams and play Tuesday & Thursday league games against Onalaska Park & Recreation, Blessed Sacrament (La Crosse), St. Patrick's (Onalaska) & GET. No transportation provided.



**League Tournament at La Crosse Aquinas, October 22**

**Location:** Saturdays: Holmen High School-Gym A/B  
Tuesday & Thursday: Determined by schedule

**League**

**Dates:** September 10–October 22

**Times:** Saturdays 10:30 a.m.-11:30 a.m. or 11:30 a.m.-12:30 p.m.  
Weekdays determined by schedule

**Fee:** Resident-\$24.00; Non-Resident-\$48.00

**Register By:** August 31

**Volunteer Coaches are needed for all traveling volleyball teams. Please call 526-2152 or sign up on the registration form if interested. The mandatory Coaches Meeting is Tuesday, September 6 at 6:30 p.m. at Village Hall.**

**Program will not meet 10/1 (Oktoberfest Parade)**

## Tornado Youth Hockey

This clinic offers young kids, who have never tried hockey, the opportunity to learn about our hockey program and learn how to skate for free.

Equipment and skates will be provided for you to use for all three 50 minute ice sessions.

**Session 1:** Sunday, Sept 18th-5:30 p.m.  
Monday, Sept 19th-6pm  
Wednesday, Sept 21st-6 p.m.

**Session 2:** Sunday, Sept 18th-7 p.m.  
Tuesday, Sept 20th-6 p.m.  
Thursday, Sept 22nd-6 p.m.

**Site:** Onalaska Omni Center (255 Riders Club Rd.)

If you would like to attend our FREE Learn to Skate Program you can register online at [www.tornadoyouthhockey.org/learn-skate](http://www.tornadoyouthhockey.org/learn-skate)

Space is limited! Equipment and skates will be available to use at no cost.

Contact Josh Genz at 608-797-7230 or [genz.josh@gmail.com](mailto:genz.josh@gmail.com) for more information.



**NOTE:** There is a youth tackle football league in Holmen (not operated by the Village of Holmen) for grades 3-6. Call Dan Anderson at (608) 526-9687 or Ron Watson at (608) 526-2321 or visit the website at [holmenyouthtacklefootball.org](http://holmenyouthtacklefootball.org) for more information.

# Fall Youth Sports Programs

## Cheerleading & Poms Grades K-5

### Cheer 1: Grades K-2

Your spirited little ones will learn basic cheers along with some dance moves, routines, and stretching exercises.

**Days:** Saturdays

**Times:** 12:10-1:00 p.m.

**Dates:** January 7-February 25

### Register by:

Friday, December 23

**Site:** Viking Elementary School - New Gym  
(Park and use back entrance)

**Fee:** Resident-\$18

Non-Resident-\$33

### Cheer 2: Grades 3-5

This program will be broken down into 6 parts: Rules, Recipes, Props, Poetry and Prose, Collaboration & Choreography, and Performance Projects. Participants will learn cheers, dance moves/routines, and practice jumps and stretches.

**Days:** Saturdays

**Times:** 1:10-2:00 p.m.

**Dates:** January 7-February 25  
(Park and use back entrance)

**Register by:** Friday,  
December 23

**Fee:** Resident-\$18; Non-Resident-\$33



# Fall & Winter Adult Programs

## Adult Co-Rec Softball League

### TUESDAY NIGHTS AT DEER WOOD PARK

**Co-Rec:** 5 Men/5 Women on the field. Competitive and Recreational Divisions will be offered.

**League Dates:** September 6-October 25, 8 weeks

**Game Times:** 6:00 p.m., 7:00 p.m., 8:00 p.m.,  
9:00 p.m.

**Entry Fee:** \$165.00 PER TEAM (No Player Fees!)

**REGISTRATION:** Team Registration ONLY. Deadline to register is Wednesday, August 24. Register at the Holmen Park & Recreation office at 421 S. Main Street or call (608) 526-2152 for more information.

**TEAMS SUPPLY GAME BALLS.** Home team provides 2 game balls (11" & 12") per game, visiting team provides 2 backup balls (11" & 12") per game. Ball specifications: Optic Yellow, ASA approved, .44 COR, 375 lbs. compression, 11" for women and 12" for men.

**Get your team registered today,  
league starts September 6!**



## Adult Co-Rec Volleyball League

### WEDNESDAY NIGHTS HOLMEN MIDDLE SCHOOL, GYM A

#### 3 Divisions - A, B, C

**Co-Rec:** 3 Men/3 Women on the court (No Referees)  
"A", "B", & "C" Divisions will be offered.

**League Dates:** November 9-March 1, 15 weeks.  
No games on 11/23 and 12/28

**Game Times:** 6:00 p.m., 7:00 p.m., 8:00 p.m., 9:00 p.m.

**Team Entry Fee:** \$80.00 PER TEAM (No Player Fees!)

**REGISTRATION:**  
Team Registration  
ONLY. Deadline to  
sign up is  
October 7.

Priority given to  
2015-16 teams  
registered prior to  
October 7, 2016.



# Theme Nights & Youth Parties

# HALLOWEEN TRICK-OR-TREAT *in the Park*

Join Holmen Park & Rec and other local organizations for an entertaining Halloween themed night in Holmen, Wisconsin! We are looking for local businesses and organizations to participate by presenting a table to promote the business and hand out candy to children. The Park & Rec Department will have games and treats for all children who attend.

**The time to dress up for some Halloween fun is on Wednesday, October 26, 2016 from 4:30-6:30 p.m. at Halfway Creek Park (211 Pool Street).**

**Please allow time to set up your station by 4:30 p.m.**

**Wednesday  
October 26, 2016  
4:30-6:30pm**



---

## Village of Holmen Park & Recreation Halloween Trick-or-Treat in the Park

REMINDER: This event is Wednesday, October 26, 2016, from 4:30-6:30 p.m. Please allow time to set up your station by 4:30 p.m.

**YES!** We would like to participate and present a station at the Halloween Trick-or-Treat event on Oct. 26, 2016

Company: \_\_\_\_\_ Contact Person: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

Special Requirements for stations (early arrival time, extra space, etc.): \_\_\_\_\_

Suggests for other organizations that you think would be a good fit for Trick-or-Treat:

Organization \_\_\_\_\_ Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Please fax form to: (608) 526-4357

Email form to: geary@holmenwi.com

Mail form to:

Holmen Village Hall, 421 S. Main Street, P.O. Box 158, Holmen, WI 54636

# Community Events

## Concerts in the Park Series



Bring a blanket or lawn chair, pack a cooler and join your neighbors at Halfway Creek Park for entertainment that is sure to please.

- Events are free, but we will pass a hat for goodwill donations to ensure we can keep bringing in acts.

**Upcoming Events: Shows start at 5:00 p.m.**

- Aug. 28** Cheez Land Uke Band
- Sept. 4** Ryan Herman
- Sept. 11** Under Paris Skies
- Sept. 18** Da Capo Band

## Holiday Lights Home Decorating Contest

### Enter your Family's home in the 9th ANNUAL HOLIDAY LIGHTS Home Decorating Contest!

Nomination forms are available at the Holmen Village Hall or online at [www.holmenwi.com/holmenpr](http://www.holmenwi.com/holmenpr). There is no entry fee. Simply complete the form to be entered to win. Judges will be out to see your display the week of December 25th. Village of Holmen Residents Only!



**1st place will receive a 2017 season Family Pool Membership to the Holmen Aquatic Center.**

## Movie Night Under the Stars

### Halfway Creek Bandshell, Holmen, WI

Join your neighbors at the Bandshell at Halfway Creek Park for a magical night of family friendly fun.

Bring your blankets and lawn chairs, pack your favorite refreshments, and settle in to watch our feature film.

Popcorn and soda will be sold on site.

**Date:** Friday, September 23rd

**Time:** Movie Begins 30 min. after dark (8 p.m.)

**Fee:** Free, canned food items will be collected for donation to a local food pantry.

**Feature Film:** Star Wars - The Force Awakens

**Sponsored By:** Altra Federal Credit Union

**Description:** In this thrilling continuation of the epic space opera, ex-stormtrooper Finn, scrappy desert dweller Rey, and droid companion BB-8 get caught up in a galactic war when they come across a map containing the whereabouts of the vanished Luke Skywalker. They soon embark on an epic adventure that brings them face-to-face with heroes from the past, as well as new villains such as Kylo Ren and the First Order, a fascist regime that has emerged from the ashes of the Old Empire.

\*Subject to change based on availability.



## Adopt-a-Trail Program

Sponsor a 1/2 mile today. Adopting a 1/2 mile section of trail is easy and can be done by families, businesses, youth groups, service organizations or church groups. Sponsors adopt a 1/2 mile section and participate in at least 3 clean up days per year. Clean up involves trash pick up, fallen brush and reporting trail damage. Sponsors will receive signage on their section of the trail recognizing their organization.

For more information call (608) 526-2152.

**Commitment:** 3 years.

**Fee:** \$300.00 (includes full color signage).

Applications are available online or at the Village Hall.

## Post Your Rummage Sale

**Do you have a rummage sale coming up or are you looking for a list of upcoming sales within the Village of Holmen?**

The Village of Holmen is now posting your sales on its website. If you would like to post information on your upcoming sale, just visit the Village of Holmen web page at: [www.holmenwi.com](http://www.holmenwi.com) fill out the online form and submit. Once submitted, the Village will keep an updated list of the upcoming sales on the page. Only sales with the Village of Holmen will be posted.

## Mayo Clinic Care in Your Neighborhood

Find the care you need, right here.

- Family Medicine    • Pediatrics
- Obstetrics-gynecology    • Midwifery
- Cardiology    • Orthopedics    • Podiatry
- Behavioral Health    • Physical Therapy
- Pharmacy    • Lab    • Digital Radiology

Franciscan Healthcare in Holmen

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mayoclinichealthsystem.org



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## Auto & Truck

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- ◆ Brakes
- ◆ Tires
- ◆ A/C
- ◆ Tune Up
- ◆ Exhaust
- ◆ Driveline
- ◆ Steering & Suspension
- ◆ Engine Diagnostics
- ◆ Electronics
- ◆ Maintenance

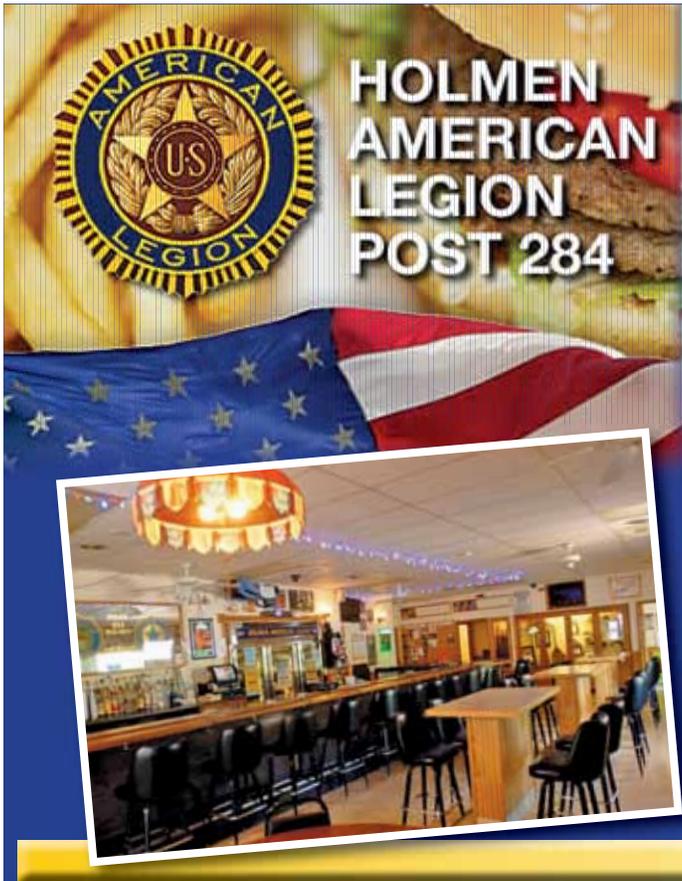
**\$5 OFF**  
**Any Service**

Expires 12/31/16

## Andy's Main Street Auto

604 South Main Street, Holmen  
Monday-Friday 7am-6pm, Saturday 8-Noon

**(608) 526-3131**



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AMERICAN  
LEGION  
POST 284**

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**TUE. Buck Burger**

**WED. Pizza 7" or**

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**"DON'T FORGET... LOVE A VET!"**

# Leisure & Educational Programs

## Paint Ball Outing (Ages 10-Adult)

For ages 10 and up. **SIGNED WAIVERS REQUIRED FOR ALL.** The game is played with a pneumatic air gun that propels a biodegradable gelatin capsule. These capsules break on impact leaving a "Splat" of (washable) water-soluble paint. All games are professionally refereed to insure player safety and fair play. Fee includes all gear - goggles, mask, gun, air, and first 100 balls! On the game day, you should wear dark colored clothes or camouflage, long pants, long sleeves, gloves, hat, shoes or boots with some sort of ankle support, bring water, and dress appropriate for the weather. Join us for a great afternoon.

**Open to:** Ages 10 & up, parents also welcome

**Date:** Sunday, Oct. 9 (Packers play @ 7:30 p.m.)

**Time:** 1:00 p.m.-4:00 p.m.

**Limit:** 25 maximum

**Where:** Arrows In The Square,  
N7681 Casberg Coulee Rd.,  
Holmen  
NO TRANSPORTATION  
IS PROVIDED

**Fee:** \$17.00 per person  
(Payable to Village of  
Holmen) Extra balls  
available for \$5.00 per 100  
at the site. Most spend  
another \$5-\$10 for extra  
balls.



**Register at the Holmen Village Hall by October 6.**

## Ballroom Dancing

Strap on your dancing shoes, and get ready to move! Participants are encouraged to register as couples. These are Introductory lessons and no previous experience is necessary. Repeat participants are encouraged. New moves will be added.

Join instructors Barbara and Daryl Olson for six evenings of fun, as they will get you ready to dance the night away. Dances covered will include Swing, Fox Trot, Rumba, Cha Cha, Bolero and Waltz.

**Dates:** Wednesdays, November 2–December 14  
(no class 11/23)

**Time:** 6:30 p.m.-7:30 p.m.

**Place:** Halfway Creek Park, West Shelter, 400 Walnut Dr.

**Fee:** \$30.00 per couple

**Enrollment:** 12 couples max./4 couples min.

**Register by:** October 28

## Music Together at Bebop & Bundles LLC



Music Together is an internationally recognized, research-based music curriculum for infants through 5 years old. During our 45 minute mixed-age class, children and adults share songs, dances, rhymes, movement, instrument play and lots of laughter while bonding with their caregivers.

The program is based on the premise that ALL children are inherently musical and that music supports all learning. During early childhood, the brain is more sensitive and adaptable to its environment, and the Music Together program is designed to strengthen the neural networks essential to music and overall development.

Research shows that Music Together classes nurture creativity, self-expression, and confidence while supporting social, emotional, cognitive and physical development. Most of all—it's FUN!

Registration includes the following:

- 10 weekly, 45 minute classes teaching a new song collection every fall, winter and spring (and a shorter summer session)
- New professional recordings each semester with new songs, rhythm chants, "play-alongs," and tonal and rhythm patterns. Two copies- one for home, one for the car!
- A beautiful, illustrated songbook with family activities to enjoy at home.
- Music and Your Child: A guide for parents and caregivers
- Music Together Growth Chart
- Parent education to help adults understand and enhance their child's musical development
- Access to our FAMILY MUSIC ZONE for online resources such digital downloads, activities and more!

To learn more:

[www.bebopandbundles.com](http://www.bebopandbundles.com)

[bebopandbundles@gmail.com](mailto:bebopandbundles@gmail.com), 608-738-1609

### FALL SESSION:

**Days:** Tuesdays

**Dates:** September 13–November 15

Class #1 Time: 9:15 a.m.–10:00 a.m.

Class #2 Time: 10:15 a.m.–11:00 a.m.

**Site:** Halfway Creek Park West Shelter  
(400 Walnut Dr.)

**Fee:** New Family \$170, sibling over 8 months +\$75  
Returning Family \$160, sibling over 8 months +\$75

**Limit:** 6 Min. 12 Max.

# Leisure Programs

## Family Bike Class

The Wisconsin Bike Fed is happy to offer a free family bike class through their Share and Be Aware Program. The family bike class targets issues specific to children. The class develops safe bicycling practices in kids and develops peace of mind for parents with lessons on safe braking, turning, and straight line riding.



**\*Families must bring their bikes and helmets.**

Skills practice will be followed by a neighborhood bike ride. Kids must be able to ride a bike comfortably without training wheels to participate in the bike ride. **Parents must participate in the bike ride.**

- Date:** Saturday, September 24th  
**Fee:** Free, but you must pre-register through Holmen Park & Recreation  
**Time:** 10:00 a.m.-11:30 a.m.  
**Location:** Holmen Aquatic Center Parking Lot (315 Anderson St.)  
**Class Max:** 15 Children (Parents do not register yourself, only your children)  
**Register By:** September 22

Expires: March 31, 2017

# \$1.00 OFF

Any Size Pizza or Broasted Chicken

**Pizza  
 Broasted Chicken  
 Sandwiches  
 Ice Cream**

*We Deliver! (after 4:30 pm)*



## Pizza Corral

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**Trempealeau: 608-534-5660**

1505 Holmen Drive, Holmen  
**Holmen: 608-526-3660**

[www.pizzacorral.com](http://www.pizzacorral.com)

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[www.altra.org](http://www.altra.org)

# Altra

Federal Credit Union

1404 S. Main St., Holmen • 608-526-2300 • 800-755-0055



\*Contact Altra for more information. Altra Jr. does not link directly to accounts at Altra. Equal Housing Lender. Federally insured by NCUA.

# Ice Skating & Sledding

## Deer Wood Park Rink

The Deer Wood Park Rink (500 Anderson St.) is an outdoor rink with lights and dasher boards. The rink can be used for open skating during normal park hours, when hockey is not scheduled or if the rink is not being used by hockey. The rink ice is maintained by Tornado Hockey.

### OPEN SKATE ICE TIMES/ TORNADO HOCKEY

Monday Open Skating	8:00 a.m.-6:00 p.m.	(Hockey: 6:00 p.m.-10:00 p.m.)
Tuesday Open Skating	8:00 a.m.-6:00 p.m.	(Hockey: 6:00 p.m.-10:00 p.m.)
Wednesday Open Skating	8:00 a.m.-10:00 p.m.	(Hockey: none)
Thursday Open Skating	8:00 a.m.-6:00 p.m.	(Hockey: 6:00 p.m.-10:00 p.m.)
Friday Open Skating	8:00 a.m.-10:00 p.m.	(Hockey: none)
Saturday Open Skating	1:00 p.m.-10:00 p.m.	(Hockey: 8:00 a.m.-1:00 p.m.)
Sunday Open Skating	1:00 p.m.-10:00 p.m.	(Hockey: 8:00 a.m.-1:00 p.m.)



**Tornado Hockey has rink priority for the hockey times listed above. During open state times, open skaters (non-hockey) have priority. Hockey should not be played when non-hockey skaters are present. Conditions, availability, and season length is determined by the weather. No warming shelter is provided.**



### Hockey and Ice Skating Contacts:

Onalaska Omni Center at (608) 781-9566  
Green Island Ice Arena at (608) 789-7199

**Tornado Hockey Hotline**  
Call (608) 791-9911

**La Crosse Area Broomball League**  
Mike Brogan (608) 526-6318

**Tornado Men's Hockey League**  
Contact Mark Thorn at (608) 786-3557

**Coulee Region Girls Hockey**  
Contact Vickie Wagner at (608) 783-0652

### Deer Wood Sledding Hill

Deer Wood Park (500 Anderson St.) has a lighted sledding hill located behind Field B. Heated restrooms are available at the Deer Wood Park Shelter.

## Halfway Creek Trail

The trail features 3.4 miles of crushed rock surface that winds its way from Halfway Creek Park, along the creek bed, to the Holmen Waste Water Treatment Facility. As the trail weaves its way through the forest, five stunning new bridges allow bikers, walkers and runners to cross the creek multiple times along the trail. The Halfway Creek Bike Trail continues from the Waste Water Treatment Facility along Highway XX, using newly added shoulder extensions, to Midway where it connects to the Great River Trail. Additional information is available by contacting the Holmen Park & Recreation Department.

# Registration Form

## COMPLETE REGISTRATION FORM BELOW

Mail to: Holmen Park & Recreation Dept., P.O. Box 158, Holmen, WI 54636  
 Drop-off: at Holmen Village Hall, 421 S. Main St., Holmen (24 Hour Drop Box Available)

Family Last Name: \_\_\_\_\_ Parent/Guardian Names: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Cell Carrier: By listing your cellular carrier, you agree to receive important updates and cancellations via text message from the village of Holmen. Carrier \_\_\_\_\_

\_\_\_\_ Resident: Village of Holmen \_\_\_\_ Non-Resident: Township (circle one): Town of Onalaska Town of Holland Other

Email: \_\_\_\_\_ All checks must be payable to Holmen Park & Recreation

### 5 EASY WAYS TO REGISTER

- 1** On-Line: Log-in now and follow the step by step instructions. You will then receive your receipt via e-mail. Charge cards only.
- 2** In Person: Stop in at the Village Hall office, Monday through Friday 8:00 a.m. - 4:30 p.m.
- 3** Mail-in: Mail your completed entry form with payments to: Holmen Park & Recreation Dept. P.O. Box 158, 421 S. Main St. Holmen, WI 54636
- 4** 24 Hour Drop Box: The drop box is located at the Village Hall entrance
- 5** Fax: Fax registrations will be accepted on a 24 hour basis with Visa or MasterCard payment. Fax: (608) 526-4357

### Payment Method: (Check one)

Check (Please make one check for total due, payable to Holmen Park & Recreation)

Cash

Gift Certificate

Credit Card

(circle) \_\_\_\_\_ Exp. Date \_\_\_\_/\_\_\_\_

Card # \_\_\_\_\_

Card Holder Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Participant's Name (First, Last)	M/F	Birth Date	Age	Grade	Program Title & Level (Code Number)	School	Shirt Size	Other Information (notes, requests, etc.)	Fee

<b>Shirt Sizes: YS (6-8), YM (10-12), YL (14-16), AS (adult small), AM (adult medium), AL (adult large), AXL (adult extra large).</b>	Sub Total	\$
<b>SIGNATURE OF A PARENT OR LEGAL GUARDIAN IS REQUIRED FOR YOUTH REGISTRATIONS. ALL ADULT PARTICIPANTS MUST SIGN BELOW FOR ADULT PROGRAMS.</b>	Other	\$
<i>I hereby understand that my son, daughter or self is registered to participate in the programs stated on this sheet, sponsored by the Village of Holmen. In addition, I understand that this program, like all physical activity, has some inherent risk involved. Furthermore, my son, daughter, or self is in good physical condition appropriate for the stated activity, and I understand that participants must assume full responsibility for injuries incurred while taking part in these programs. No accident insurance is provided through the Village of Holmen. A doctor's release may be required after a serious illness, injury or hospitalization, before returning to the program.</i>	Donation	\$
	<b>Total Amount</b>	<b>\$</b>

Parent or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

YES, I would like to be a volunteer coach. Name: \_\_\_\_\_ Program: \_\_\_\_\_

**Registrations must be filled out completely with payment or the registration will be returned.**

# Thank You Sponsors

## Holmen Park & Recreation Sponsors

We would like to thank the following businesses for their continued support of youth programming through our organization.

Please support these local businesses and thank them for their contribution to Holmen Park & Recreation.

*Special thanks to the Holmen School District for the use of their facilities over the course of the year.*

## Corporate Partners



## Traveling Team Sponsors

Achieve Physical Therapy & Sports Medicine  
Coaches Corner Sports  
Ziegler Heating & Refrigeration  
La Crosse County Sheriff's Department & G.R.E.A.T  
Firefighters Credit Union  
MC Sports  
Midwest Dental  
Yeiter Insurance

## Recreational Team Sponsors

HuHot Mongolian Grill  
Centurylink  
Midwest Dental  
Seven Bridges Bank  
Carroll's Popcorn & Frozen Yogurt  
Games People Play  
Beaver Builder Supply  
Winona Nursery  
Lowman Family Dental  
Pepsi Cola of La Crosse  
First National Bank

## Concerts in the Park Sponsors

First National Bank  
Mayo Clinic Health System - Holmen  
Seven Bridges Bank  
Coulee Sign & Welding  
Berg Enterprises  
Holmen Business Association  
Dickinson Family Funeral Home  
Hilltopper Recycling & Refuse  
Kish & Sons Electric  
MSA Professional Services  
Riverland Energy Cooperative  
Holmen Area Foundation  
Holmen American Legion  
Festival Foods  
Prairie Inn & Suites  
O'Brien & Associates  
Hawkins, Ash CPA's  
Heritage Homes Realty  
Metropolitan Day Spa

### Park & Recreation Committee

The Park, Recreation & Library Committee meets the first Wednesday of each month at 5:30 p.m. at the Holmen Village Hall. The Committee administers, recommends and generally oversees the operations of the Parks, Recreation Programs & Library. Fees, programs, budgeting and park planning are some of the areas the Committee reviews during the year.

### Access to All

Persons with disabilities are invited to participate in any of the programs offered. We ask that participants requiring special assistance please indicate this on the registration form or call 526-2152 so we may make any necessary arrangements. Our area also has one of the best Special Olympics programs around.

Call La Crosse Area Special Olympics 608-789-7596 for details.