

# Village of Holmen Park & Recreation Department

# SPRING & SUMMER

## 2016

**Internet Summer Registration March 7-20**



**Holmen  
Aquatic Center  
Opens Fri., June 3  
Save Money On Pool  
Memberships Purchased  
by May 20!**



**Inside: Park Shelter Rentals • Band Shell Events • Summer Rec Programs**

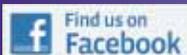
Village of Holmen • Park & Recreation Department • P.O. Box 158 • Holmen, WI 54636

Email us: [brogan@holmenwi.com](mailto:brogan@holmenwi.com) • [geary@holmenwi.com](mailto:geary@holmenwi.com)

Office: (608) 526-2152 • Aquatic Center: (608) 526-6092 • Fax: (608) 526-4357

[Twitter@HolmenParkRec](https://twitter.com/HolmenParkRec) • [Facebook.com/HolmenParkRec](https://www.facebook.com/HolmenParkRec)

Recreation Cancellation Hotline: (608) 526-6312



# General Information

## Contact Information

### Park & Recreation Office

Located in the Holmen Village Hall  
Office hours: Monday-Friday, 8:00 a.m.-4:30 p.m.  
P.O. Box 158, 421 S. Main Street, Holmen, WI 54636  
Phone: 608.526.2152  
Cancellation Hotline: 608.526.6312  
Fax: 608.526.4357  
Aquatic Center: 608.526.6092  
Email: brogan@holmenwi.com  
Web Site: www.holmenwi.com/holmenpr

### Park & Recreation Staff

Mike Brogan, Park & Recreation Director 608.526.6318  
Chris Geary, Assistant Director 608.526.6317  
Hailey Imhoff, Aquatics Manager 608.526.6092  
(June-August only)

### Village Administration

Nancy Proctor, Village President 608.526.6307  
Scott Heinig, Administrator 608.526.6305  
Angela Hornberg, Clerk/Treasurer 608.526.4336  
Ann Quamme, Billing Clerk 608.526.4336  
Dean Olson, Director of Public Works 608.526.6322  
Shane Collins, Chief of Police 608.526.4212  
Fire Department 608.526.9363

## Resident or Non-Resident?

**The Village of Holmen declares the following policy for residency requirements:**

### A person is considered a resident if:

1. The citizen has resided within the corporate limits of the Village of Holmen for at least 10 days, and can show proof of residency. (Not school district or postal city)

### A person is NOT considered a resident if any of the following occur:

1. A Village of Holmen business owner that lives outside of the Village of Holmen limits.
2. Citizens that reside outside of the Village of Holmen limits. If you live in the Town of Holland, Town of Onalaska, City of Onalaska, and other communities, you are a non-resident.
3. Baby sitters, day care employees, relatives, and participants that live outside the corporate limits of the Village of Holmen are considered non-residents and cannot be included for resident rates or on pool memberships.
4. Cannot provide proof of residency when registering for programs.

## Employment Opportunities

### Spring Jobs

- Soccer (referees, volunteer coaches)
- Track (supervisor, instructors, meet volunteers)
- Tennis (instructors)
- Park Maintenance (seasonal 40 hours/week)
- Park Maintenance/Weekend Shelters (0-20 Hrs/Week)

### Summer Jobs

- Volleyball (MS & HS supervisors, HS refs, MS coaches)
- Arts & Crafts (instructors)
- Tot Sports & Youth Activity (instructors)
- Fitness Instructors
- Aquatics (assistant manager, lifeguards, WSI instructors, aerobics instructors, swim team coaches, concessions/admissions, log rolling instructor)
- Girls' Softball (coaches, umpires)
- Men's & Women's Slow Pitch Softball (umpires)
- T-ball (supervisor, volunteer coaches)
- Basketball (supervisor, instructors)
- Tennis (supervisor, instructors)
- Track (supervisor, coaches, meet volunteers)
- Park Maintenance (seasonal 40 hours/week)
- Park Maintenance/Weekend Shelters (0-20 Hrs/Week)
- Concerts In The Park Supervisor

### To Apply:

Complete an application at the Holmen Village Hall (421 S. Main Street, Holmen.) Applications can be downloaded from [www.holmenwi.com/holmenpr](http://www.holmenwi.com/holmenpr). Call 608.526.2152 for more information.

**OPEN TO THE PUBLIC!**

**Join Us For These**

# SPECIALS

**TACO THURSDAY!**



**Happy Hour**

Mon. - Fri.  
3-6 pm



**DAILY MON.-FRI. NIGHT**  
TUE. Buck Burger  
WED. Pizza 7" or 12" Homemade  
THURS. Taco  
FRI. Fish

**Entertainment Friday Evenings!**  
Banquet Hall Available  
For Weddings, Anniversaries,  
Benefits & More!



**American Legion Post 284**  
419 1st Avenue West, Holmen  
**526-4444**



**"DON'T FORGET... LOVE A VET!"**



# Registration Information

## Internet Registration: March 7-20

## All Other Registration Types: March 21

### Registration Procedures

**Spring Only Registrations** will be accepted immediately by any method. Online registration is encouraged. Please indicate spring registration when you register.

#### Summer Registrations Internet Only Registration: March 7-20.

- Only those registrations that are completed online will be accepted.
- Both residents and non-residents are eligible to register online during this time.
- **All Other Forms Of Registration: (Mail In, Walk Up, Drop Off) Will Not Be Processed Until March 21.**
- Includes registrations for all summer recreation programs for youth and adults, youth sports offerings, aquatic center programs and learn to swim classes.
- Follow directions on this page for Internet Registration.
- Please Note: Online Registration will begin at 8:00am on Monday, March 7. If you begin your transaction prior to 8:00am it will not go through.
- If you have any problems please contact the office at (608) 526-2152 or by email.
- For those who do not have home or office internet access, computers are available at no charge at the Holmen Library (103 State Street, Holmen).

#### REFUND POLICY:

- There will be no refunds after the start of any program unless: 1) due to medical reasons, 2) program is canceled, or 3) a change in the original scheduled activity by the Department.
- There will be a \$5.00 service charge for processing refunds. Refunds may take 1 week to be completed.
- Non-resident fees cannot be transferred from one participant to another after a program has begun (Adult Softball/HS Volleyball).

### How to Register Online

Take advantage of our **INTERNET ONLY** registration period from March 7-20. Internet registration period will be open to both residents and non-residents for all summer recreation programs and aquatic center classes, including swim lessons. All other registrations March 21.

#### PLEASE FOLLOW THE SIMPLE STEPS BELOW TO REGISTER ONLINE.

1. Find the activities you want to register for in this brochure.
2. Go to our website at [www.holmenwi.com/holmenpr](http://www.holmenwi.com/holmenpr), click on "Register for Recreation Programs." You may enter the site and view activities prior to March 7; however, registration will not be accepted until March 7 for both residents and non-residents.
3. Choose your activity and click to register.
4. Once you complete the registration form, pay with Visa or MasterCard (Active.com is a secure website) and you will receive an e-mail confirmation of your enrollment. This is the only receipt and confirmation you will receive. If you do not receive an email confirmation please contact our office at 526-2152 to confirm your registration. The next step is to attend the class/activity as scheduled - the participant's name will be on the class roster.
5. Each online registrant will pay the event registration fee charged by agency plus a service charge equal to 6.5% of the registration fee plus \$.50, with a minimum service charge of \$2.00. If the registration fee is between \$150 - \$500, the service charge will be 3.5% plus \$5.00, and for fees above \$500, the service charge will be 2.5% plus \$10.00.

#### VISIT OUR WEBSITE TODAY AND SEE FOR YOURSELF HOW EASY IT IS TO REGISTER ONLINE:

[www.holmenwi.com/holmenpr](http://www.holmenwi.com/holmenpr)

Click on "Register for Recreation Programs"

### Five Easy Ways to Register



#### 1 Online

[www.holmenwi.com/holmenpr](http://www.holmenwi.com/holmenpr)  
Log-in NOW and follow the step-by-step instructions & receive your approval via e-mail. Charge cards only.



#### 2 In-Person/Walk-In

Accepted at the Village Hall office Mon.-Fri. 8am-4:30pm. Please prepare a completed registration form prior to arrival so we can serve you more efficiently.



#### 3 Mail-In

Mail your completed registration form along with payment to: Holmen Park & Recreation Registration, P.O. Box 158, 421 S. Main St., Holmen, WI 54636



#### 4 24 Hour Drop Box

At your convenience, drop-off your complete registration form with payment in a sealed envelope marked Park & Recreation Registration. The drop box is located at the Village Hall entrance doors.



#### 5 Fax

(608) 526-4357 Registrations by fax will be accepted on a 24 hour basis with Mastercard or Visa payments. Simply complete the registration form and include your credit card information.

# Holmen Facility Rentals 2016

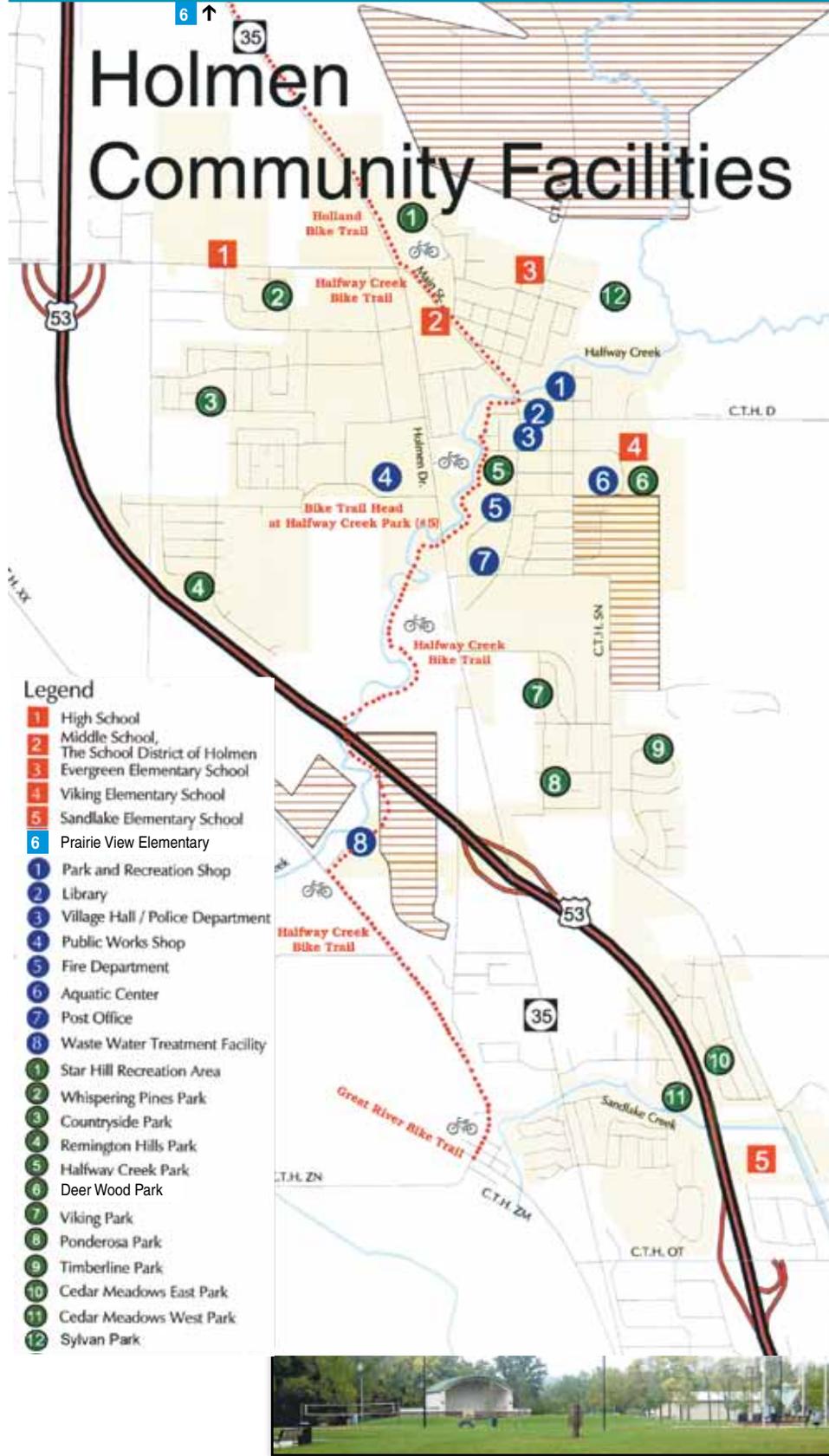
West Shelter  
Can Be Reserved  
from January -  
February 2017

## Park Shelter Reservation Policies

- **2016 Shelter reservations will be accepted beginning Monday, January 4, 2016 at 8:00 a.m.**
- Reserve shelters at the Holmen Village Hall Office - 421 S. Main St., Holmen - Phone (608) 526-2152 or [online](#).
- Park Shelter Hours Available: 8:00 a.m. - 10:00 p.m.
- **All enclosed shelters require a key pick up the last weekday before your event** as we are not open on the weekends and the key must be returned the next day. A 24 Hour Drop-Box is available at the Holmen Village Hall (421 S. Main St.). Village Hall office hours: Mon. - Fri., 8:00 a.m. - 4:30 p.m.
- **A separate \$50.00 deposit (cash or check) is required when you register.**
- **NO RESERVATIONS ACCEPTED WITHOUT PAYMENT**
- **Refunds:** 50% Refunds will be issued if the Village is notified at least 7 days prior to reservation date, a fee of 50% of the fee will be assessed for shelter refunds. Call the Holmen Village Hall Office - 421 S. Main St., Holmen - Phone (608) 526-2152.
- **NON-PROFITS - NO LONGER RECEIVE SHELTERS AT NO COST, DUE TO VILLAGE OF HOLMEN COSTS FOR CLEANING AND SUPPLIES**

FACILITY	RESIDENT FEE	NON-RESIDENT FEE	
<b>Enclosed Shelters: Resident or Non-Resident Fee &amp; separate \$50 key/security deposit required.</b>			
<b>Halfway Creek Park, East Shelter (formerly A)</b> Capacity 100: 211 Pool St., Holmen, east side of creek, by Band Shell	<b>\$50/day</b> & \$50 security/key deposit	<b>\$100/day</b> & \$50 security/key deposit	
<b>Halfway Creek Park, West Shelter (formerly B)</b> Capacity 100: 400 Walnut Dr., Holmen, west side of creek, open year round, heated/air conditioned	<b>\$100/day</b> & \$50 security/key deposit	<b>\$150/day</b> & \$50 security/key deposit	
<b>Ballfield Reservations - Deer Wood Park</b> 500 Anderson St., Holmen Weekend Tournament (all 3 fields). Must provide proof of insurance. Reservation form must be submitted at least one month prior to event.	<b>\$50/weekday per field</b> <b>\$100/weekend per field</b> <b>\$500/weekend all 3 fields</b>		
<b>Band Shell Reservations</b> Halfway Creek Park <b>\$100 Deposit</b> May 1 - Oct. 31	<b>\$50/day</b> Mon.-Thurs. <b>\$75/day</b> Friday	<b>\$100/day</b> Sat. & Sun.	
<b>Open Air Shelters</b> are located in Cedar Meadows East Park, Whispering Pines Park, Sylvan Park, Countryside Park, Remington Hills Park, & Deer Wood Park.	<b>\$25/day</b>	<b>\$25/day</b>	

# Holmen Community Facilities



## Legend

- 1 High School
- 2 Middle School, The School District of Holmen
- 3 Evergreen Elementary School
- 4 Viking Elementary School
- 5 Sandlake Elementary School
- 6 Prairie View Elementary
- 1 Park and Recreation Shop
- 2 Library
- 3 Village Hall / Police Department
- 4 Public Works Shop
- 5 Fire Department
- 6 Aquatic Center
- 7 Post Office
- 8 Waste Water Treatment Facility
- 1 Star Hill Recreation Area
- 2 Whispering Pines Park
- 3 Countryside Park
- 4 Remington Hills Park
- 5 Halfway Creek Park
- 6 Deer Wood Park
- 7 Viking Park
- 8 Ponderosa Park
- 9 Timberline Park
- 10 Cedar Meadows East Park
- 11 Cedar Meadows West Park
- 12 Sylvan Park

### 10. Cedar Meadows East Park

3103 S. Cedar Avenue  
Playground, Basketball Court, Open Field, Picnic Shelter (reservable) (1.46 acres)

### 11. Cedar Meadows West Park

3303 S. Locust Avenue  
Playground, Open Field, Walking Trail (1.18 acres)

### 3. Countryside Park

1000 Western Avenue  
Playground, Soccer Field, Volleyball Court, Basketball Court, Open Shelter (reservable) (3.25 acres)

### 6. Deer Wood Park

500 Anderson Street  
Open until 11:00pm, 3 Baseball/Softball Fields (reservable), 4 Tennis Courts, Half-Mile Walking Trail, Basketball Courts/Ice Hockey Rink, Batting Cage, Nature Trails, Sledding Hills, Playground, Restrooms, Picnic Shelter, and Aquatic Center nearby (40 acres)

### 5. Halfway Creek Park

300 W. Roberts Street/400 Walnut Drive  
Band Shell (reservable) Restrooms, East & West Playground, Access to Trail, Volleyball Court, Horseshoe Pits, Enclosed (reservable) Shelters, Picnic Areas. (14.51 acres)

### 8. Ponderosa Park

300 Flora Court  
Basketball Court, Playground, T-Ball Field (1.06 acres)

### 4. Remington Hills Park

1100 S. Cherry Lane  
Playground, Open Space, Open Shelter (reservable), Volleyball Court, Soccer/Football Field, Basketball Court, Softball/Baseball Field, 2 Tennis Courts (7.5 acres)

### 9. Timberline Park

700 Evergreen Drive  
Playground, Basketball Court (2.5 acres)

### 7. Viking Park

1602 Viking Avenue  
Playground, Basketball Court (.533 acres)

### 2. Whispering Pines Park

925 Dana Lane  
Playground, Basketball Court, Open Shelter (reservable), Open Field (1.66 acres)

### 12. Sylvan Park

403 E. McHugh Street  
Playground, Basketball Court, Open Shelter, Soccer Field (1.94 acres)

# Concerts in the Park The Halfway Creek Bandshell

Sunday Evenings 5-7pm



Bring your blankets and lawn chairs, pack a picnic for dinner and join your neighbors at the Halfway Creek Bandshell for evenings filled with music for all interests. Watch our website or look for posters at the bandshell and local businesses for details on dates, times and acts. Events are FREE and open to the public. Last years acts included Jazz, Blues, Rock, Oldies, Childrens, Gospel and More.

## Featuring

**7 Rivers Jazz Band**

**Ultra Sonic Duo**

**Top Brass Quintet**

**Cross Section**

**Family Matters**

**132nd Army Band**

**String Ties**

**Double Take**

**Under Paris Skies**

**Joe Cody & Friends**

**Executives**

**Cheezland Uke Band**

**Ryan Herman**

**DeCapo Band**

Concessions provided by:  
Holmen High School Interact Club

For information regarding Concerts or Concert  
Sponsorship contact (608) 526-2152 or visit  
[www.holmenwi.com](http://www.holmenwi.com)  
300 West Roberts Street, Holmen, WI

# Trail Information



## Halfway Creek Trail

The Halfway Creek Trail features 3.4 miles of crushed rock surface that winds its way from the newly updated Halfway Creek Park, along the creek bed, to Highway XX. The trail features five stunning bridges and massive natural retaining walls to allow bikers, walkers and runners to enjoy the ideal place for fitness and recreation. Shoulder extensions on Highway XX allow trail users a connection to the Great River trail at Midway. At the north end of Main street the trail connects to the Holland Bluffs trail and extends north to Drugan's. For maps and more information contact Holmen Park and Recreation. NO MOTORIZED VEHICLES!

## Adopt-a-Trail Program

Sponsor a 1/2 Mile today. Adopting a 1/2 mile section of trail is easy and can be done by families, businesses, youth groups, service organizations or church groups. Sponsors adopt a 1/2 mile section and participate in at least 3 clean up days per year. Clean up involves trash pick up, fallen brush and reporting trail damage. Sponsors will receive signage on their section of the trail recognizing their organization. For more information call (608) 526-2152. Commitment: 3 years.



Fee: \$300.00 (includes full color signage). Applications are available online or at Village Hall.

# Viking Youth Soccer Academy



## (AGES U4, U5, & U6) "VYSA"

Coach Andy Olson's Academy program is the premier introduction to soccer in the Coulee Region and provides an opportunity for Boys & Girls ages 4, 5 & 6 to learn the game of soccer. The format will include camp style skill development and small sided (4 on 4) in house style league



games. Small sided games allow players to have the most contact with the ball and best opportunity to develop their skills. We are seeking 1-2 parents to assist with each team of 6 kids to help with drills and games.

### PRE-K & 4K SOCCER (AGES U4-U5) "JR Viking Soccer Academy":

JR Academy participants who are pre-k or 4k age will meet on Saturdays from 9:00-9:45am, and on Mondays at 5:00-5:45 p.m. Season will end with league games and player award distribution.

### KINDERGARTEN SOCCER (AGES U5-U6) "Viking Soccer Academy":

Academy participants who are in Kindergarten will meet on Saturdays from 8:00-8:45am, and on Mondays at 6:00-7:00pm.

**VYSA DATES:** Saturdays: April 16, 23, 30 May 7, 14  
Mondays: April 18, 25 May 2, 9, 16, 23

**Site:** Behind Viking Elementary School  
**Register by:** April 1st Limit: 60 per age group

**FEE:** Resident - \$25 Non-Resident - \$50 (Fee for Soccer Academy includes TEAM SHIRT & BALL to keep.)

**\*\* ALL PLAYERS must furnish their own shin guards & soccer socks.** Plastic molded cleats are recommended

# GIRLTIME

## GIRL SCOUTS

### Summer Fun By Mail!

A fun introduction to  
Girl Scouting to do  
*together* at home!



**SIGN HER UP FOR GIRLTIME**

[gsbadgerland.org](http://gsbadgerland.org) | 800.236.2710



**girl scouts**



# Spring Programs



## Spring Track & Field (Ages 6-14)

The Spring Track Program introduces the fundamentals of basic track & field events such as running, throwing, jumping, and total fitness. Participants will train weekly with Park & Rec Staff in preparation for three meets in La Crosse at Logan High School. Holmen Participants will participate in two mini-meets and one final meet. Meet age divisions are determined by age of participant on December 31, 2016.

**Practice Days:** Mondays

**Time:** 6:00 - 7:00 PM

**Open to:** Boys & Girls Ages 6-14

**Dates:** April 4 - May 14

**Site:** Holmen Middle School

**Meet Dates** (All meets held at Logan High School in La Crosse):

Mini Meet #1: Saturday, April 23

Mini Meet #2: Saturday, April 30

Final Meet: Saturday, May 14

**Fee:** \$18.00 Resident

\$33.00 Non Resident

**Register By:** March 25th

## Auto & Truck

**REPAIR**



- ◆ Brakes
- ◆ Tires
- ◆ A/C
- ◆ Tune Up
- ◆ Exhaust
- ◆ Driveline
- ◆ Steering & Suspension
- ◆ Engine Diagnostics
- ◆ Electronics
- ◆ Maintenance



**\$5 OFF**  
**Any Service**  
Expires 12/31/16

## Andy's Main Street Auto

604 South Main Street, Holmen  
Monday-Friday 7am-6pm, Saturday 8-Noon  
**(608) 526-3131**

## Spring Middle School Hit-a-Round

A great tune-up to get middle school tennis players ready to play this summer. Join us on Monday & Thursday afternoons at the Deerwood Park Tennis Courts for 100's of reps fine tuning ground strokes, approach shots, volleys and your serve. This session will be high energy to get the most out of each meeting. Kids should be dressed in sweats/shorts and ready for activity, no jeans. This program will get you warmed up for summer team tennis play and lessons.

**Open to:** Boys and Girls in 6th, 7th & 8th Grade

**Day:** Mondays & Thursdays

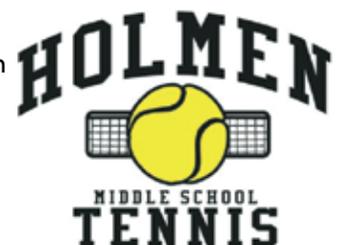
**Dates:** April 18 - May 19

**Time:** 3:15-4:30 p.m.

**Fee:** \$20 per person

**Register By:** April 1st

**Limit:** 6 min, 12 max



# Youth Events

## Young Explorer Adventure

Join the Holmen, Onalaska & West Salem Parks & Recreation Departments for a trip around the globe to explore the sights and sounds of various rain forests! Participants will be able to get up close and personal with live "Creature Teachers", including creepy crawly arthropods, amphibians, birds, mammals, lizards, turtles and snakes. The program will include an interactive educational show as well as time for participants to interact with the animals under supervision of the presenters.

For details about the Nature's Niche animal rescue program and educational exhibits visit: [www.naturesniche.org](http://www.naturesniche.org)

**Date:** Monday, June 27th

**Location:** Sand Lake Elementary School  
3600 Sand Lake Rd., Holmen

**Fee:** \$10.00 per person (Pre-registration required)

**Time:** 1:00-2:30pm

**Ages:** All



## Archery Events

### Archery Introduction



This two day sampler is for young or prospective archers to get a taste of what archery has to offer. Intro sessions are for beginners (no previous experience) only. Please sign up for only 1 Introductory Session to ensure opportunities for more children. No equipment needed.

**Dates:**

**Archery Intro Session #1:** Wednesdays, June 22 & 29

**Archery Intro Session #2:** Wednesdays, July 13 & 20

**Time:** 6:00-7:30pm

**Site:** Arrows in the Square  
N7681 Casberg Coulee Rd., Holmen

**Fee:** \$10.00 per person (One session)

**Limit:** 16 max per night

### Archery Lessons (Advanced)

Each week young archers with some previous experience will have 1-1/2 hours of supervised instruction at the range at Arrows in the Square.

Participants will work on safety, skills, and consistency each week. Must bring your own equipment.

**Day:** Tuesdays

**Dates:** 6/21, 6/28, 7/12, 7/19

**Time:** 6:00-7:30 p.m.

**Site:** Arrows in the Square  
N7681 Casberg Coulee Rd, Holmen

**Fee:** \$20.00 Per Person

**Limit:** 16 max



## BECOME A YOUTH SOCCER REFEREE

Looking to Referee Soccer Games this coming Spring?

Be sure to get Certified or Re-Certified Courses are offered over the winter.

Apply at  
Holmen Village Hall

Visit the website [www.wisref.org](http://www.wisref.org) for listing of upcoming courses in the Coulee Region. Only Certified Referees will be hired for Spring Soccer in 2016. Remember, you must re-certify every year.



# Spring & Summer Programs



## Paint Ball Outing (Ages 10 - Adults)

For ages 10 and up. **SIGNED WAIVERS REQUIRED FOR ALL.** The game is played with a pneumatic air gun that propels a biodegradable gelatin capsule. These capsules break on impact leaving a "Splat" of (washable) water-soluble paint. A game is won when a player successfully returns the opponent's flag to their own team's flag station. All games are professionally refereed to insure player safety and fair play. Fee includes all gear - goggles, mask, gun, air, and first 100 balls! On game day, you should wear dark colored clothes or camouflage, long pants, long sleeves, gloves, hat, shoes or boots with some sort of ankle support, bring water, and dress appropriate for the weather.

**Open to:** Ages 10 & older, parents also welcome.

**Date:** Sunday, May 15

**Fee:** \$20.00 per person  
(Payable to Village of Holmen)

Extra balls available for \$5.00 per 100 at the site.

Most spend another \$5-\$10 for extra balls.

**Limit:** 8 maximum

Register at the Holmen Village Hall by: April 29th

**Time:** 1:00 p.m.-4:00 p.m.

**Where:** Arrows In The Square,  
N7681 Casberg Coulee Rd.,  
Holmen

**NO TRANSPORTATION IS PROVIDED**



## Baton Twirling Introduction

Beginner baton twirling instruction for ages 5 & up. Learn the basics and get started on your way. No equipment or costumes to buy, just sign up and start twirling today. Classes are taught by 35 year Warriors Baton Corps instructor Zoe Leis, recipient of many state and regional awards.

**Open to:** Ages 5 & up

**Dates:**  
June 8 - July 8

**Time:**  
10:00-10:45 a.m.

**Days:**  
Wednesdays  
& Fridays

**Site:** Viking  
Elementary School  
New Gym

**Fee:**  
\$30 per person

**Min/Max:** 8/25



## High School Volleyball League

**TEAM REGISTRATION ONLY!** 2015 had 48 area High School teams! High School Girls Summer Volleyball League available to fall 2016 freshmen, sophomores, juniors and seniors. League plays on Monday evenings at the Omni Center at 255 Riders Club Rd., and Central High School from 5:00 p.m.-10:00 p.m.

**Three levels of play available:** GOLD Division (Varsity - Seniors & Juniors), SILVER Division (sophomores), or BRONZE Division (freshmen).

**EACH TEAM MUST HAVE AN ADULT COACH/MANAGER.**

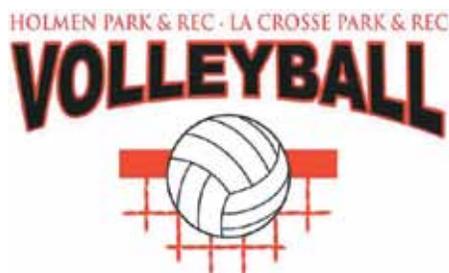
**Team registration deadline:** Wednesday, April 27

**Season:** Mondays, June 6 - July 25 (No July 4)

Player Fee: Resident - \$12 (T-shirt included)

Non-resident - \$22  
(T-shirt included)

For more information and to pick up a registration form, stop by the Village Hall or call 608-526-2152.



## Middle School Intramural Volleyball League

Middle School Summer Intramural Volleyball League for players going into 6th, 7th, and 8th grades.

The league will play games on Thursday evenings from 6:00pm-8:00pm (schedule determined by number of teams) at the Omni Center at 255 Riders Club Rd. Players register as individuals and will be assigned to a team. No pre-arranged teams will be allowed! Open to players from all communities.

**Registration deadline:** Friday, May 27

**Open To:** Girls entering 6th, 7th, 8th grades (fall 2016)

**Dates:** Thursdays,  
June 9 - July 21

**Game Times:**  
6:00 p.m.-8:00 p.m.  
(Schedule may vary depending on number of teams.)

**Site:** Omni Center  
255 Riders Club Rd.

**Fee:** Resident - \$12  
Non-resident - \$22



# Touch-A-Truck



The Village of Holmen's  
Park and Recreation Department  
will hold a **FREE**  
Touch a Truck event from  
**10 a.m.-1 p.m., Saturday, May 21**  
at **Deer Wood Park** for kids of all ages!  
**No Horn Hour 12-1pm**



The Village of Holmen's Parks and Recreation Department will hold a FREE Touch a Truck event from 10 a.m. to 1 p.m., Saturday, May 21 at Deer Wood Park for kids of all ages!

Name a child who wouldn't love to climb aboard a fire truck, big rig, or bulldozer! Touch a Truck provides a unique opportunity for children to explore vehicles of all types - public service, emergency, utility, construction, transportation, delivery, and just plain cool - all in one place.

Those young and young at heart will be allowed to touch, climb on, and ask questions about their favorite trucks in a safe, supervised environment. Accompanying personnel will teach the children about the equipment displayed and how these machines help us and our community.

Bring out the entire family to enjoy sitting in these trucks and learning about what they do, how they work, and how they benefit our community.

**Bring your vehicle to the event!**

Do you or your company have a unique vehicle that you would like to share with the community at the Touch A Truck event?

If so, Please contact Holmen Park & Rec at (608) 526-2152 or fill out the form below and submit it to Holmen Park & Rec at 421 S. Main St., Holmen. We would love to share your vehicle with the kids of Holmen!

Along with all of the vehicles, there will also be a Kids Fun Zone with various activities. Concessions will also be onsite.

In the case of inclement weather, please call 608-526-6312.

The event is FREE and no registration is required, but guests are encouraged to bring canned food items to donate to Local Food Pantries. These Items will be collected at the Park Shelter.



## Village of Holmen Park & Recreation TOUCH-A-TRUCK COMMITMENT FORM

REMINDER: This event is Saturday, May 21, 2016 at 10 a.m. - 1 p.m. Please allow time to set up your vehicle by 9:30 a.m.

**YES!** We would like to participate in the Touch A Truck event on May 21, 2016

**YES!** I'm interested in being a sponsor

Company: \_\_\_\_\_ Contact Person: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

Please List the Vehicles You Would Like to Bring to Touch A Truck:

Vehicle #1: \_\_\_\_\_ Length: \_\_\_\_\_ Width: \_\_\_\_\_

Vehicle #2: \_\_\_\_\_ Length: \_\_\_\_\_ Width: \_\_\_\_\_

Special Requirements for vehicles (early arrival time, extra space, etc.): \_\_\_\_\_

Please fax form to: (608) 526-4357

Email form to: geary@holmenwi.com

Mail form to:

Holmen Village Hall, 421 S. Main Street, P.O. Box 158, Holmen, WI 54636

# Holmen Residents on the Go



VS.



## 19th Annual La Crosse Area Day Brewer Game Bus Trip Milwaukee, WI • Thursday, June 30, 2016

Join in on the fun of exciting Major League action as the Milwaukee Brewers take on the Los Angeles Dodgers at Miller Park. Annually 25-30 buses (Holmen will have 1 bus) carry over 1,000 Coulee Region baseball fans to this event. Price includes: transportation to and from the game via motor coach with restroom, tailgate party, food, beverages, game tickets, and raffle of Brewers Memorabilia. This is a family event, no large coolers. This is NOT a chaperoned Village trip, parents must accompany children. Holmen bus departs from Holmen Village Hall at 7:00am. Rain or shine, Miller Park has a retractable roof!

### HOLMEN SEATING IS LIMITED! SIGN-UP EARLY!

**Date:** Thursday, June 30, 2016

**Time:** Leave Holmen Village Hall at 7:00 a.m. sharp!

**Return:** 8:30 p.m. (approx.)

**Fee:** TBA. Payable to La Crosse Area Day, available at the Holmen Village Hall. (Tickets will be available in mid-April, exact date to be announced).



Corporate sponsors are needed for every bus, call 784-4880 if interested in sponsoring a bus.



## Post Your Rummage Sale

**Do you have a rummage sale coming up or are you looking for a list of upcoming sales within the Village of Holmen?**

The Village of Holmen is now posting your sales on its website. If you would like to post information on your upcoming sale, just visit the Village of Holmen web page at: [www.holmenwi.com](http://www.holmenwi.com) fill out the online form and submit. Once submitted, the Village will keep an updated list of the upcoming sales on the page. Only sales within the Village of Holmen will be posted.

## Mayo Clinic Care in Your Neighborhood.

Find the care you need, right here.

Family Medicine · Pediatrics ·  
Obstetrics/Gynecology · Midwifery  
Cardiology · Orthopedics · Podiatry  
Behavioral Health · Physical Therapy  
Digital Radiology · Pharmacy · Lab

Franciscan Healthcare in Holmen

608-526-3351

[mayoclinichealthsystem.org](http://mayoclinichealthsystem.org)



MAYO CLINIC  
HEALTH SYSTEM

098-033 © 15F05

# Summer Programs

## Summer Basketball (Ages 6-11)

Summer Program Players will work on their skills in a group setting and daily scrimmages will supplement drill work. We will focus on ball handling & shooting skills to build players confidence with the ball. Work on your game while having fun with your friends. This program caters to all abilities.



- Ages 6-7**  
**Time:** 12:30 p.m.-1:30 p.m.
- Ages 8-9**  
**Time:** 1:30 p.m.-2:30 p.m.
- Ages 10-11**  
**Time:** 2:30 p.m.-3:30 p.m.

**Where:** Viking Elementary School (Enter Behind School)  
**Dates:** June 14 - July 21 **Days:** Tuesdays & Thursdays  
**Fee:** \$18 Resident, \$33 Non-resident  
**Register by:** May 27

## Summer Track (Ages 6-14)

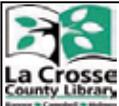
Our 2016 summer track and field program will compete in two meets with Onalaska and La Crosse Park & Rec. Program will meet 3 times weekly.

- Days:** Mon., Wed., Fri.
- Dates:** June 6 - July 15
- Site:** Holmen High School Track
- Time / Ages:** 6-10 yrs, 9:00-10:15 a.m.  
11-14 yrs, 10:30-12 Noon

**Holmen Meet - Site:** Friday, June 24th from 9:00-12 Noon  
Holmen High School  
(Check in at 8:45)

**Onalaska Meet - Site:** Friday, July 15th from 9:00-12 Noon  
Onalaska Luther High School  
(Check in at 8:45)

**Fee:** \$18 Resident,  
\$33 Non-resident



There are additional program times at our other branches— in Bangor, West Salem, Onalaska, and Campbell. More information is available at your library, or by calling Karen, Carol, Megan, or Katherine in Youth Services:  
526-4641,  
781-9568 line 5,  
786-1505,  
or by calling the Holmen Library main desk at 526-4198.

**"High Flyers" Story Time**  
(Geared for ages 3 - Grade 1)  
June 13 - July 28\*  
M or Th 10:15 am  
or T 6:30 pm  
\*No Story Time week of July 4th!

**"Passport Pals" Lunch Bunch**  
(entering Grades 2 - 4)  
June 13 - 24 12:00 - 1:00  
M, T, Th, & F

**"Jet Set" Library Club**  
(entering Grades 5 - 8)  
June 13 - 28 2:00 - 3:00  
M, T, Th, & F

# BOOK A TRIP!



## SUMMER LIBRARY PROGRAM 2016

There are events for kids of all ages -- and their families, too!  
 Registration for all Summer Library Programs begins **Tuesday, May 31.**  
 Summer Library Program sessions begin **Monday, June 13.**

[www.lacrossecountylibrary.org](http://www.lacrossecountylibrary.org)

### Holmen Branch Program Schedule

**READING PROGRAM: May 31 - July 30**  
Souvenir Shop (Library Store)  
August 3 - 9

**Reading Passport**  
Geared for ages 3 - Grade 8  
Read books! Play games! Earn prizes!  
Have fun!

**Reading Raffle**  
Grades 7 - 12  
Read books to enter a raffle drawing -- everyone's a winner!  
Drawing to be held the week of Aug. 1.

**World Wide Wednesdays**  
(Family programs for various age levels)  
June 15 & 22 in Onalaska, Campbell and West Salem  
July 13 & 20 in Holmen, Bangor and Onalaska  
**Midsummer Event**  
The week of July 4th in Bangor, Campbell, Holmen, Onalaska and West Salem  
**Around the World Monday Fundays**  
June 27 in Bangor, Holmen and Onalaska  
July 25 in Onalaska and West Salem

**Food, Friends & a Movie**  
(Teen Night at the Onalaska Branch)

Thursday Nights in July for teens entering grades 7 - 12!  
July 14, 21, 28 & August 4  
6:00 pm

# Summer Programs



## Tot Fun & Games (Ages 3-6)

Ages 3 to 6 will be introduced to a variety of sports and games through fun drills using modified equipment. Sports will be modified to the age group skills. Sports may include modified versions of football, soccer, t-ball, track, volleyball, basketball, tag games, and water fun.

**Class size:** 20 maximum, 6 minimum.

### Classes

#1) 3-4 yr. Olds, 12:30 p.m.-1:30 p.m.

#2) 5-6 yr. Olds, 1:30 p.m.-2:30 p.m.

#3) 3-4 yr. Olds, 2:30 p.m.-3:30 p.m.

**Days:** Mondays & Wednesdays

**Dates:** June 6 - July 20

**Site:** Deer Wood Park Shelter

**Fee:** Resident - \$18 Non-resident - \$33

**Register by:** May 27

## Games, Games, Games (Ages 7-12)

Boys and Girls ages 7-12 will team up with Park and Rec. staffers to compete in different playground, gym class, and back yard games. Games will include Kickball, Dodgeball, Capture the Flag, Ultimate Frisbee, and More. Get all your friends together and plan to sign up for some great summertime fun. This program is sure to be a smash!



**Class size:** 32 maximum, 16 minimum.

**Open to:** Ages 7-12

**Meets:** Wednesdays, June 8 - July 20

**Time:** 10:30 a.m.-12:00 p.m.

**Site:** Deer Wood Park Shelter/Fields

### Fee:

Resident - \$12

Non-resident - \$24

**Register by:**

May 27



## Arts & Crafts (Ages 6 & up)

Children ages 6 and up will get to experience a wide variety of arts & crafts projects

during this 8 session program. This program has been scheduled for August this year to allow more children to participate.

**Class size:**  
24 maximum,  
8 minimum.

### Days:

Tuesdays & Thursdays

**Dates:** August 2 - 25 (no class Aug. 9)

**Time:** 2:00 p.m.-3:00 p.m.

**Register by:** July 29

**Site:** Holmen Village Hall Community Room

**Fee:** Resident - \$24 Non-resident - \$48



## T-Ball (Ages 5 & 6)



T-Ball is open to boys and girls ages 5-6 years old. Games & practice will be on Monday evenings at Deer Wood Park. Parent volunteer coaches are needed for each team and must be present at Team Assignment Day (June 6), call 526-2152 if you want to coach. Register by Friday, May 13, 2016.

Team Assignment & 1st Practice (all coaches and players): Monday, June 6 at Deer Wood Park, Fields A & B from 5:30 p.m.- 6:30 p.m.

**Open To:** Boys and Girls, Ages 5-6

**Dates:** Mondays, June 6 - July 25

**Practices:** 6/6, 6/13 and first 15 minutes on game days.

**Games:** 6/20, 6/27, 7/11, 7/18, 7/25

**Times:** 5:30 p.m. or 6:30 p.m. (determined by schedule)

**Site:** Deer Wood Park, Fields A, B & C

**Fee:** Residents - \$18 (includes shirt and hat)

Non-residents - \$33 (includes shirt and hat)

# Community Events

## Movie Night Under the Stars

Halfway Creek Bandshell, Holmen, WI (300 W. Roberts St.)

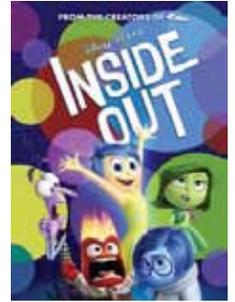
Join your neighbors at the Bandshell at Halfway Creek Park for a magical night of family friendly fun. Bring your blankets and lawn chairs, pack your favorite refreshments, and settle in to watch our feature film. Popcorn and soda will be sold on site. There is no fee to attend the movies, but canned food items will be collected for donation to a local food pantry.

### Movie Night #1 Sponsored by Mayo Clinic Health System

**Date:** Friday, May 27th **Time:** Movie begins at dusk (8:30pm)

**Feature Film: Inside Out\***

**Description:** Emotions run wild in the mind of a little girl who is uprooted from her peaceful life in the Midwest and forced to move to San Francisco in this Pixar adventure. Young Riley was perfectly content with her life when her father landed a new job in San Francisco, and the family moved across the country. Now, as Riley prepares to navigate a new city and attend a new school, her emotional headquarters becomes a hot bed of activity. As Joy attempts to keep Riley feeling happy and positive about the move, other emotions like Fear, Anger, Disgust, and Sadness make the transition a bit more complicated.



### Movie Night #2 Sponsored by Lowman Family Dental

**Date:** Friday, July 8th **Time:** Movie begins at dusk (8:30pm)

**Feature Film: Minions\***

**Description:** Despicable Me's minions get their very own spin-off in this summer tent-pole from Universal Pictures. Pierre Coffin and Kyle Balda co-direct this animated comedy featuring the voices of Sandra Bullock and Jon Hamm.



### Movie Night #3 Sponsored by Altra Federal Credit Union

**Date:** Friday, September 23rd **Time:** Movie begins at dusk (8:00pm)

**Feature Film: Star Wars - The Force Awakens\***

**Description:** In this thrilling continuation of the epic space opera, ex-stormtrooper Finn, scrappy desert dweller Rey, and droid companion BB-8 get caught up in a galactic war when they come across a map containing the whereabouts of the vanished Luke Skywalker. They soon embark on an epic adventure that brings them face to face with heroes from the past, as well as new villains such as Kylo Ren and the First Order, a fascist regime that has emerged from the ashes of the Old Empire.



\*Subject to change based on availability.



## National Night Out 2016

Halfway Creek Park Holmen, WI

**What:** Join the Holmen Police Department for National Night Out 2016. National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods a safer, better place to live. There will be fun inflatables for kids to play on, prizes and more.

**Where:** Halfway Creek Park (300 W Roberts St.)

\*\*We will be accepting non-perishable food items for donation to a local food pantry. \*\*

**When:** Tuesday, August 2, 2016

**Time:** 5:00-8:00pm

**Followed By:** Movie in the Park

**Date:** Tuesday, August 2, 2016

**Where:** Halfway Creek Park Bandshell

**Time:** Movie Begins at Dusk (8:30pm)

**Feature Film:** Guardians of the Galaxy

**Description:** A group of interstellar outlaws team up to save the galaxy from a villain who seeks ultimate power in this comic book space adventure from Marvel Studios and director James Gunn.



Spring & Summer Holmen Park & Recreation

# Adult Fitness Classes

**Zumba®** Are you ready to party yourself into shape? When participants see a Zumba class in action, they can't wait to give it a try. Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before participants know it, they're getting fit and their energy levels are soaring! There's no other fitness class like a Zumba Fitness-Party. It's easy to do, effective and totally exhilarating, often building a deep-rooted community among returning students.



**CLASS #1: Instructor:** Anne Nyseth

**Days:** Mondays & Wednesdays

**Dates:**

**Session #1:** March 7 - April 27 (4:15-5:15pm)

**Session #2:** July 11 - August 31 (9:00-10:00am)

**Site:** Halfway Creek Park, West Shelter (400 Walnut Dr.)

**Fee:** \$30 Per Session **LIMIT:** 8 Min, 20 Max

**CLASS #2: Instructor:** Anne Formanek

**Days:** Tuesdays & Thursdays

**Time:** 5:30-6:30pm

**Dates:**

**Session #1:** March 8 - April 28

**Session #2:** May 10 - June 30

**Session #3:** July 12 - September 1

**Site:** Halfway Creek Park, West Shelter (400 Walnut Dr.)

**Fee:** \$30 per session **Limit:** 8 Min., 20 Max.

**CLASS #3: Instructor:** Becky Edwards

**Days:** Tuesdays & Thursdays

**Time:** 6:35pm - 7:35pm

**Dates:** March 8 - April 28

**Site:** Halfway Creek Park, West Shelter (400 Walnut Dr.)

**Fee:** \$30 per person **Limit:** 8 Min., 20 Max.

## Yoga Sculpt

This requires a mat and 1-3 lb. hand weights. Hand weights are used while holding a static yoga posture. This will strengthen the upper and lower body at the same time. This will increase stamina and will also stretch and lengthen our muscles.

**Instructor:** Elaine Bodin

**Days:** Wednesdays **Time:** 5:30-6:15pm

**Dates:** Session #1: March 9 - April 27

Session #2: May 11 - June 29

Session #3: July 13 - August 31

**Site:** Halfway Creek Park West Shelter (400 Walnut Dr.)

**Fee:** \$30 per person **Limit:** 5 min, 10 max

## Hatha Yoga

Different fitness levels are welcome! This class will adapt to the needs of the participants. We will learn to incorporate our breath with movement while gaining strength and mobility in the body. Bring a mat or there are some on site that can be borrowed. Blocks which will assist with a deeper posture are recommended, but not required.

## Tabata Express

Short on time? Tabata Express is the most remarkable approach to HIIT (High Intensity Interval Training). It is short, but effective. This 30 minute workout will allow you to drop sizes and inches and be in the best shape of your life. We will use different timing sequences that will combine cardio and strength moves to find results. You will burn 5x more calories after you workout with this EPOC system. Bring small weights, yoga mat and water and be ready to sweat!

There are three levels to every move - hard, harder, and hardest, so something for all levels of fitness!

**Instructor:** Sarah Lau-Melby

**Days:** Fridays

**Time:** 5:15-5:45am

**Dates:**

**Session #1:** March 11 - April 29 (no class 3/25)

**Session #2:** May 13 - July 1

**Session #3:** July 15 - September 2

**Site:** Halfway Creek Park, West Shelter (400 Walnut Dr.)

**Fee:** \$25 per person **Limit:** 8 Min., 20 Max.

## Kettelbells

Kettelbell training is different than other forms of weight training because many parts on the body are exercised simultaneously and, in addition, kettelbell training elevates the heart rate for effective cardiovascular training. The use of heavier weights will facilitate the development of power and strength in muscles throughout the entire body. This 45 minute class will give fast results for strength, endurance, and muscle toning by challenging both the muscular and cardiovascular systems.

Participants are to bring a yoga mat and one kettelbell of their choice to class. 15-20lb. kettelbell is recommended.

**Instructor:** Sarah Lau-Melby

**Day:** Mondays

**Time:** 6:35-7:20pm

**Dates:**

**Session #1:** March 7 - April 18

**Session #2:** May 9 - June 27 (No class May 30)

**Session #3:** July 11 - August 29

**Site:** Halfway Creek Park, West Shelter (400 Walnut Drive)

**Fee:** \$25 per person **Limit:** 8 min. 20 max.

**Instructor:** Elaine Bodin

**Days:** Tuesdays & Thursdays

**Time:** 4:15-5:15pm

**Dates:** Session #1: March 8 - April 28 (No class April 7th)

Session #2: May 10 - June 30

Session #3: July 12 - September 1

**Site:** Halfway Creek Park West Shelter (400 Walnut Dr.)

**Fee:** \$30 per person **Limit:** 5 min, 12 max

# Adult Fitness Classes

**Pilates Barre** This 45 minute full body workout will not waste your time! Pilates Barre is the fastest & most effective way to change your body. You will have a leaner, stronger, and new physique in no time. You will use small hand weights to work upper body, then go to the wall or use the back of a chair for support as you work your legs, seat, hips, thighs, and core. Next we go to the pilates mat to finish with abs and core. Each workout is a little different to keep things fresh and fun. No previous experience required.

**Items Needed:** Small hand weights 2-5lbs max.

**Instructor:** Sarah Lau-Melby

**Day:** Mondays **Time:** 5:45-6:30pm

**Dates**

**Session #1:** March 7 - April 18

**Session #2:** May 9 - June 27 (No Class 5/30)

**Session #3:** July 11 - August 29

**Site:** Halfway Creek Park, West Shelter (400 Walnut Dr.)

**Fee:** \$25 per person **Limit:** 8 min. 20 max.

**Pilates Fusion** is a unique class designed to build strength & gain flexibility. The moves fit perfectly together to form a class filled with intense choreography that's fun, challenging and will make you sweat. And to top it all off, the music is awesome! It's about energy, power, and rhythm. Think sculpted abdominals, increased overall core strength, and greater stability. Mats are available on site, or bring your own.

**Instructor:** Sarah Lau-Melby

**Day:** Wednesdays

**Time:** 5:15-6:00 AM

**Dates**

**Session #1:** March 9 - April 27

**Session #2:** May 11 - June 29

**Session #3:** July 13 - August 31

**Site:** Halfway Creek Park, West Shelter (400 Walnut Drive)

**Fee:** \$25 per session **Limit:** 8 Min, 20 Max

## Ballroom Dancing (Adult Couples)

Strap on your dancing shoes, and get ready to move! Participants are encouraged to register as couples. These are Introductory lessons and no previous experience is necessary. Repeat participants are encouraged. New moves will be added. Join instructors Barbara and Daryl Olson for six evenings of fun, as they will get you ready to dance the night away. Dances covered will include Swing, Hustle, Rumba, Cha Cha, Bolero & Waltz.



**Dates:** Wednesdays, April 20 - May 25

**Time:** 6:30 p.m.-7:30 p.m.

**Place:** Halfway Creek Park, West Shelter - 400 Walnut Dr.

**Fee:** \$30.00 per couple

**Enrollment:** 12 couples max/4 couples min.

**Register by:** April 15th

## Lightning Lacrosse



[laxinlax.com](http://laxinlax.com)



### Lacrosse is the fastest growing High School sport in America

The La Crosse Lightning Lacrosse Club is for all Coulee Region boys and girls! We offer High School Boys Varsity and JV teams for grades 9-12, as well as several teams for youth grades 1-8.

Our goal is to help grow the great sport of lacrosse, and make the game available to anyone who is interested in playing the "Fastest Game on Two Feet"

For more information contact the La Crosse Lightning Lacrosse Club at [laxinlax@gmail.com](mailto:laxinlax@gmail.com) or visit us online at [laxinlax.com](http://laxinlax.com)



Expires: August 31, 2016

**\$1.00 OFF**

Any Size Pizza or Broasted Chicken

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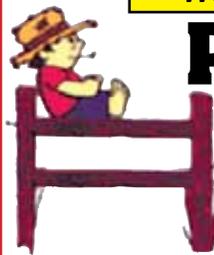
*We Deliver! (after 4:30 pm)*

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**Trempealeau: 608-534-5660**

1505 Holmen Drive, Holmen  
**Holmen: 608-526-3660**

[www.pizzacorral.com](http://www.pizzacorral.com)



# Summer Programs

## Adult COED 6's Sand Volleyball Leagues

2016 Sand Volleyball Leagues at Halfway Creek Park are forming now. We will again offer two "recreational" leagues, one on Monday nights and the other on Thursday.



Both leagues will be played with 3 men and 3 women on the court and played 3 games to 21 with rally scoring. 2015 league teams will be given priority if registered prior to April 8. Lottery for new teams will take place on April 11.

**Day:** Monday League or Thursday League

**Game Times:** 6 p.m., 7 p.m., 8 p.m or 9 p.m.

**Dates:** May 16/19 - August 22/25

**Fees:** \$80 per team, No player fees.

**Site:** Halfway Creek Park Volleyball Court

**Registration deadline:** April 8 & April 11 for lottery teams

## Tuesday Men's Slow Pitch Softball League

Limited Arc (6'-12') 12" Slow pitch League. Tuesday Nights at Deer Wood Park. League uses ASA bat rules and playing rules with some local modifications. Teams supply game balls, HIT YOUR OWN. Teams will get an ASA membership with entry fee.

**Season:** Tuesdays, May 3 - August 16

**Site:** Deer Wood Park Fields,  
500 Anderson St., Holmen

**Games:** 6:00 p.m., 7:00 p.m.,  
8:00 p.m. & 9:00 p.m. on 3 fields

**Divisions:** Men's A and Men's B

**Fees Due:** Wed., March 30, 2016

**Fee:** \$265 team entry (ASA Membership included)  
Non-residents pay \$20 per player (Max. 11) All Residents must provide proof with roster.



## Kornfest Softball Tournaments

### Holmen KornFest Men's Slow Pitch Tournament

Registration will be open immediately to the first 32 teams to register. HIT YOUR OWN BALL. ASA bat rules, limited arc, 7 home run limit, Holmen League rules (mostly ASA).

**Dates:** August 19 - 21 (open to non-league teams!)

**Entry Fee:** \$150

**Pay outs:** Determined by number of teams entered.

### Holmen KornFest Women's 11" Slow Pitch Tournament

ASA Bat rules, limited arc, 7 home run limit, Holmen League rules (mostly ASA).

**Dates:** August 20-21

**Entry Fee:** \$150

**Pay outs:** Determined by number of teams entered.

**For more information or to register contact:**

Holmen Park and Recreation,  
P.O. Box 158, 421 S. Main St.,  
Holmen,  
WI 54636 (608) 526-2152  
FAX (608) 526-4357  
brogan@holmenwi.com



## Bubble Sports (Ages 8-14)

Bubble sports are an exhilarating remix of various sports within the confines of a bubble suit. It's an exciting new craze that's even more fun than it looks.

Little and Junior Bubblers will not only feature bubble soccer, but also sumo matches, capture the ball (flag), king of the ring, royal rumble, last bubble standing, and more. \*Waiver must be completed before participation\*

**Dates:** Wednesdays, June 8 - July 13

**Time:** Junior Bubblers  
(Ages 8-10): 6-6:45pm

Little Bubblers  
(Ages 11-14):  
6:50-7:35pm

**Site:** Countryside Park  
(1000 Western Ave.)

**Fee:** \$50 per participant  
(Min 12/Max 18 per session)

**Register By:** May 27



# Tennis Programs

## Tennis Lessons

Participants will practice and play on courts and with equipment that are age and size appropriate according to national standards. Our new tennis program encourages participants to take lessons and supplement their learning with FREE tennis play day events, or by registering for local leagues and tournaments.

For more format info visit [www.10andundertennis.com](http://www.10andundertennis.com)

### Lesson Descriptions



**Foam Ball Lessons Ages 5 & 6:** Introduction to tennis skills utilizing our new 36ft courts, low bounce foam balls for greater success, and tons of fun. Participants should be using a 19" youth racquet if less than 34" tall.



**Red Ball Lessons Ages 7 & 8:** We continue to build tennis skills through the use of our new 36ft courts and low bounce red balls. Players will begin to rally over the net, play interactive games, pick up on tennis terms, and learn basic strokes. Players should use 19" or 21" racquet based on height.



**Orange Ball Lessons Ages 8-10:** Players will begin to refine swings and instructors will emphasize proper technique using our new 60ft courts, medium bounce orange balls to lesson pace and optimize reaction time, and exciting game play. Players 35"-45" tall should be using 21" racquet for better swing control. 23" Racquet if taller than 46".



**Yellow Ball Lessons Ages 11-14:** Players will drill and learn on a full sized court using standard tennis balls. Proper strokes will be reinforced and taught using dead ball drills, live play drills, repetitions, and games. Drills will be structured to each players ability.

### Lesson Schedule:

**Session #1** Mon. & Wed. June 6 - July 6

**Session #2** Mon. & Wed. July 11 - August 10

9:00 a.m.-9:50 a.m.	Orange Ball Lesson Ages 8-10
10:00 a.m.-10:50 a.m.	Foam Ball Lesson Ages 5-6
11:00 a.m.-11:50 a.m.	Yellow Ball Lesson Ages 11-14
12:30 p.m.-1:20 p.m.	Orange Ball Lesson Ages 8-10
1:30 p.m.-2:20 p.m.	Red Ball Lesson Ages 7-8
2:30 p.m.-3:20 p.m.	Yellow Ball Lesson Ages 11-14

**Session #1** Tues. & Thur. June 7 - July 7

**Session #2** Tues. & Thur. July 12 - August 11

9:00 a.m.-9:50 a.m.	Start/ReStart Adult Beginner Lesson
10:00 a.m.-11:30 a.m.	Adult Drop-in Social Tennis
10:00 a.m.-10:50 a.m.	Orange Ball Lesson Ages 8-10
11:00 a.m.-11:50 a.m.	Foam Ball Lesson Ages 5-6
12:30 p.m.-1:20 p.m.	Red Ball Lesson Ages 7-8
1:30 p.m.-2:20 p.m.	Smash Tennis Team Practice
2:30 p.m.-3:20 p.m.	Yellow Ball Lesson Ages 11-14

**Site:** Deer Wood Park Tennis Center

**Fee:** \$18 Resident, \$33 Non-Resident Per Session

**Limit:** 4 Minimum, 16 Maximum

- A limited number of racquets are available on site
- Participants should bring water and sunscreen

## Adult Tennis

New and returning players can enjoy a successful tennis debut through the use of proper standardized lesson plans, skill-appropriate equipment and player handouts. Join or come back to the game with a fun filled environment.

**Days:** Tuesdays & Thursdays

**Dates:** **Session 1:** June 7 - July 7

**Session 2:** July 12 - August 11

**Time:** 9:00am - 9:50am

**Site:** Deer Wood Park Tennis Center

**Fee:** \$25 per person

**Register by:** May 27



## Middle School and High School Drills and Match Play

The Holmen Park and Recreation Department will host advanced tennis drills on Monday and Thursday evenings this summer at Viking Courts in Holmen. Several area instructors and former college and high school tennis players will lead the drills along with Holmen Coach Greg Jameson.

Each individual student will have their specific tennis needs discussed and reviewed with the instructors. A plan will then be developed to improve those individual needs within the group formed by the coach. The drills will then focus on each student's areas of improvement within match play and non-match play situations. At the mid-point of the sessions, a review will occur analyzing each student's progress on the initial list of tennis needs. Sign up today to improve your tennis game and have a great time with your fellow teammates in the process!

**Days:** Mondays and Thursdays

**Dates:** June 20th - July 28th (No class on July 4th)

**Time:** 6:00-7:30pm

**Site:** Viking Elementary Tennis Courts

**Fee:** \$70 (includes shirt)

**Age Level:** 7th grade - 12th Grade **Limit:** 16 Max.

# Tennis Programs

## Cardio Tennis

Imagine playing nonstop tennis for an hour, burning hundreds of calories, hitting dozens of balls...and having a ton of fun the whole time. That's Cardio Tennis. Participants are encouraged to bring a heart rate monitor.

### What You Can Expect in Cardio Tennis

- A tennis pro who is engaging and motivating.
- Getting into your target heart rate zone quickly.
- Games and drills that are both "cooperative" and "competitive."
- A safe, healthy workout designed for everyone, from beginning players to advanced, from young adults to seniors.



**Instructor:** Julie Kamla

**Days:** Sundays & Thursdays

**Dates:** 6/12, 6/16, 6/19, 6/23, 6/26, 6/30

**Time:** 5:30-6:30pm

**Site:** Deer Wood Park Tennis Courts

**Fee:** \$20 Per Person **Limit:** 10 Max, 6 Min

## Holmen Smash Tennis Team

Boys and Girls ages 8-14 who are ready to begin playing matches are encouraged to sign up for this program. Team practice will be held for 50 minutes twice a week at Deer Wood Park in Holmen and matches will be played on Friday mornings at UW-La Crosse. No transportation is provided. Matches will be paired based on ability from the very beginner to intermediate players.

**Dates:** June 7 - July 15

**Practice:** Tues. & Thurs. 1:30 p.m.-2:20 p.m.

**Matches:** Fridays, Determined by LaX Park & Rec  
9:00 a.m. start at UWL

**Fee:** \$24 Resident

\$48 Non-Resident

Fee Includes Team Shirt

**Register By:** May 20

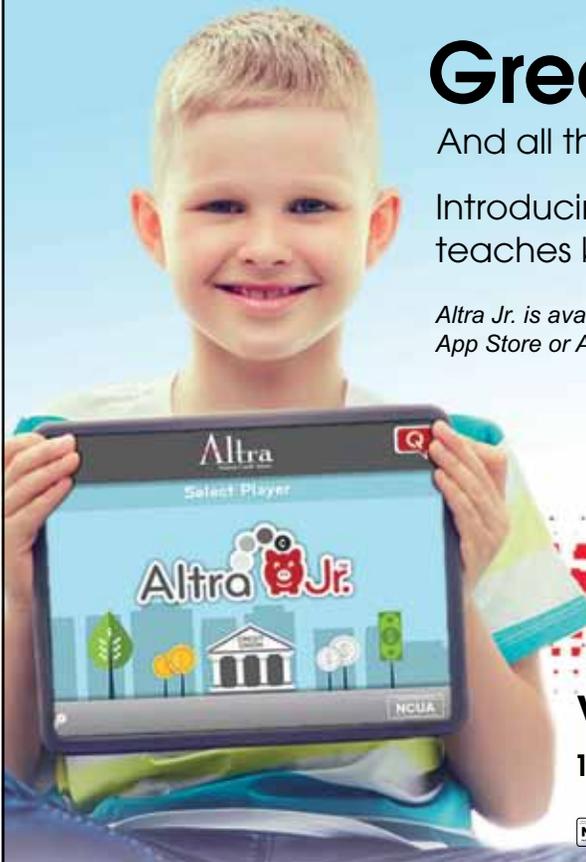


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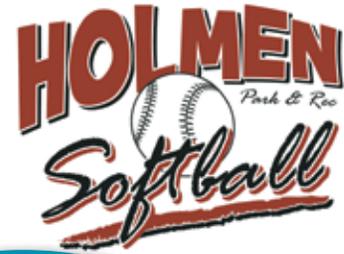
\*Contact Altra for more information. Altra Jr. does not link directly to accounts at Altra. Equal Housing Lender. Federally insured by NCUA.

# Summer Softball - Holmen Fastpitch

## Introduction to Softball (Ages 7 & 8)

The main objective of this program will be developing solid softball fundamentals through the use of quality repetitions. Players will participate in a variety of drills to help develop and enhance their softball skills. The majority of game-play will be modified to ensure safety, skill development, and meaningful repetitions. There will be no traveling at this level.

**Register by:** May 20th  
**Dates:** June 14- July 21, Tuesdays & Thursdays  
**Time:** 12:00 p.m. - 1:30 p.m.  
**Place:** Viking Field 4 (Varsity Field)  
**Fee:** Resident - \$24, Non-resident - \$48 (Includes Shirt & Visor)



Traveling Softball  
**Register By:**  
**April 15<sup>th</sup>**

## 10 & Under Softball (Ages 9 & 10)

The main objective of this level will continue to be developing softball fundamentals. Player positions and basic game strategy will also be an emphasis at this level. Participants will play multiple positions throughout the season. Monday & Wednesday evening league games with weekday practices scheduled by your coach.

**First Meeting:** Monday, May 9th  
**Time:** 6:00 p.m.-7:00 p.m.  
**Site:** Deer Wood Park, Field A  
**Fee:** Resident - \$40, Non-resident - \$70



## 12 & Under Softball (Ages 11 & 12)

The main objective at this level will continue to be developing fundamental softball skills. More specific player position skills will be introduced at this level. Offensive and defensive game strategy will also be enhanced at this level. Participants will continue to play multiple positions throughout the season. Girls participating in this program will have the opportunity to register for participation in the 12 & Under Upper or Lower Level. Teams will be established as equally as possible. Monday & Wednesday evening league games with weekday practices scheduled by your coach.

**First Meeting:** Monday, May 9th  
**Time:** 6:00 p.m.-7:00 p.m.  
**Site:** Deer Wood Park, Field B  
**Fee:** Resident - \$40, Non-resident - \$70



## 14 & Under Softball (Ages 13 & 14)

Player position specific skills will be enhanced at this level. Game strategy will also be an emphasis at this level. Girls participating in this program will have the opportunity to register for participation in the 14 & Under Upper or Lower Level. The 14 & Under Upper Level games will be played with 9 defensive players while the 14 & Under Lower Level games will be played with 10 defensive players. Teams will be established as equally as possible. Monday & Wednesday evening league games with weekday practices scheduled by your coach.

**First Meeting:** Monday, May 9th  
**Time:** 6:00 p.m.-7:00 p.m.  
**Site:** Deer Wood Park, Field C  
**Fee:** Resident - \$40, Non-resident - \$70



# Outdoor Youth Activity Day

For Youth Ages 18 & Under

**Check-in:** 7:30 a.m. - 8:00 a.m.

**Pre-register by May 6th at:**

outdooryouthactivityday@gmail.com

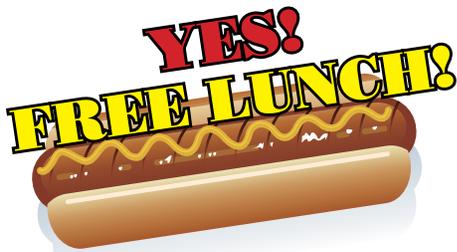
*Please include name and age as well as  
# of adults for food count*

**Saturday  
May 14, 2016  
Holmen Rod & Gun Club  
W7503 Cty Rd T  
Holmen**

*Sponsored by Holmen Rod & Gun Club &  
Wings Over Wisconsin*

## **Activities 8:00 a.m. - 11:30 a.m.**

.22 ★ Animal Paw Print Casting ★ Archery ★ Air Rifle ★ Crossbow  
Muzzle Loader ★ Rod & Reel Casting ★ Sling Shots  
Tomahawk Throwing ★ Trap Shooting



**11:30 - Noon  
BRATS! BURGERS!  
HOT DOGS!**

***Blackhawk Retriever Club Dog Demonstration at Noon  
along with other demonstrations & presentations  
Prizes will be given always following the demonstrations &  
presentations at approximately 1p.m.***



# John W. Chapman Aquatic Center

Location: 315 Anderson Street, Holmen • Phone: (608) 526-6092 • June 3 - August 21  
 Park & Recreation Office: (608) 526-2152



12,000 square-foot, zero-depth pool. Six competitive lap lanes. 200' water slide, drop slide, water riders, and water play structure. Pirate Ship Playground with concession stand nearby. Coin operated lockers for your convenience. Chairs and loungers provided. \*No toys, floats or carry-ins allowed (except during Family Night). No cell phones or cameras are to be used in changing rooms. Cameras and phones may be used outside of changing rooms.

- Children ages 7 and under must be supervised by an adult at all times, and will not be allowed in the facility unless accompanied by an adult.

## Aquatic Center Hours

**Pool will open for the season June 3.**

\*Beginning the day after Holmen Schools are closed, regular summer hours will begin.

The pool will close August 21.

**\* OPEN SWIM HOURS June 3 3:00 p.m.-8:00 p.m.**

**Weekdays:** 12:00 p.m.-5:50 p.m. (Beginning 6/6)

**Saturdays:** 12:00 p.m.-7:00 p.m.

**Sundays:** 12:00 p.m.-5:00 p.m.

### FAMILY NIGHT

**Sundays:** 5:00 p.m.-7:00 p.m.

• During this time, the pool will allow floats and water toys subject to safety standards. Children will not be allowed in or to stay without a parent present.

### ADULT LAP SWIM

**Weeknights:** 8:00 p.m.-9:00 p.m. • Two lanes available

### WATER AEROBICS

**Weekdays:** 11:00 a.m.-11:45 a.m.

**Weeknights:** 8:00 p.m.-9:00 p.m.

• Water Aerobics & Adult Lap Swim start on June 6 and will end on August 19. The slides are closed during these scheduled times.

\*Note: The week of August 15-19, Water Aerobics will meet from 6-7 p.m.

### SWIM TEAM PRACTICE

**Weekdays:** 10:00 a.m.-11:00 a.m. (12 & older)  
 11:00 a.m.-11:45 a.m. (11 & under)

• Practice begins June 6 (Mon.-Fri.) until late July, evening & weekend meets.



## Pool Fees

RESIDENT NONRESIDENT

<b>Daily Admission</b> (ages 4-64)	\$3	\$3
<b>Seniors</b> (65 & Older)	Free	Free
<b>Water Babies</b> (3 & under)	\$1	\$1
<b>M-F, After 4:00pm Reduced Rate</b>	\$2	\$2
<b>Family Pool Memberships</b>	\$125	\$125
*If purchased by May 20th	*\$110	*\$110
<b>Single Pool Memberships</b>	\$50	\$50
*If purchased by May 20th	*\$45	*\$45
<b>Swimming Lessons</b>	\$18	\$33
<b>Swim Team</b>	\$40	\$70
<b>Lap Swim/Aerobics</b>	\$2	\$2

## Aquatic Center Registration

**Registration for swim lessons & swim team will start on:**

**March 7th:** Online Registration Only  
 Residents & Non-residents

**March 21st:** Registration by all methods  
 Residents & Non-residents

By online registration, mail-in, walk-in, fax, or drop box at the Village Hall.

**ALL POOL MEMBERSHIPS MUST BE PURCHASED AT THE HOLMEN VILLAGE HALL OR ONLINE**

## Group Rates

Group rates are available for groups of 30 or more non-residents. \$2 per person, restricted to Monday-Friday after 12:30 p.m.

- Must pre-register 3 days prior, by completing form.
- Call (608) 526-2152 for more details and form.

**Download forms from: [www.holmenwi.com/holmenpr](http://www.holmenwi.com/holmenpr)**

# Holmen Area Aquatic Center Policies

## Aquatic Center Rules & Policies

- If you plan to leave the pool and come back (same day), you will need to get your hand stamped/wristband by the cashier prior to leaving the facility
- No floatation devices of any kind (water wings, life jackets, etc.), no toys, and no carry-ins allowed.
- Children ages 7 and under must be supervised by an adult at all times.
- The pool will close if there is heavy rainfall, danger of an electrical storm, is unusually cold outside, or due to lack of participants. Decisions for lessons will be made every half hour. Contact the pool at 526-6092 for further information or check our website.
- Rain checks will be issued if the pool closes within the first two hours of open swimming for any reason. Otherwise there are NO daily admission refunds.
- Slides will close due to lack of staff or unruly behavior by participants.
- If a child has more than one time-out in a day, they will be removed from the pool with a phone call to their parents.
- No cell phones or cameras can be used in the changing rooms or restrooms.

## POOL MEMBERSHIP RULES

### Pool memberships are allowed for the following :

1. Resident & non-resident families at a cost of \$125 (\$110 if purchased by May 20) for families and \$50 (\$45 if purchased by May 20) for individuals. **Family is defined as: Parents (2 adults max.) or legal guardians (2 adults max.) and their children under 18, foster children under 18, and step children under 18.**

2. Area Seniors age 65 and older, can obtain a free single membership card at the Village Hall (prior to pool season) and at the pool after it opens for the season. Must provide proof of age when applying for the free single membership card. Must renew yearly. Grandchildren cannot be included on a resident grandparent's membership.

### Pool memberships are not allowed for the following:

1. Children 18 years of age and older may not be included on their parents or guardians family membership; they must obtain their own membership once they turn 18.
2. Multiple families living together, extended relatives living together, or grandparents living with their children over age 18. Each set of parents must purchase their own membership for themselves and their children less than 18 years of age.
3. Baby sitters, day care employees, visiting relatives, or visiting friends cannot be included on a family membership. They must purchase separate memberships or pay the daily admission fee, determined by their official residence.

## Swim Lesson & Pool Program Rules

Resident & non-resident fees apply for many programs offered at the Holmen Aquatic Center.

The rules for residency for pool classes will follow the same guidelines as all other recreation offerings

For details refer to Page 2, top right corner.



Check lesson, program & facility availability or register on our online registration system.

Write down 2nd choices for swimming lessons on your paper registration form.

You can only register a child for one swimming class at a time.

# Holmen Area Aquatic Center: Swimming Lessons

## Learn to Swim - Swimming Lessons

There will be an INTERNET ONLY registration period from March 7-20. You may only sign-up a child for ONE LESSON at a time. You may not register that child for an additional swimming lesson until after they have completed the first class. Lessons meet every weekday (M-F) for two weeks. Times may vary depending upon level. Maximum of 10 participants per class, minimum of 5. Levels 1 & 2 are 25 minutes long. Levels 3-6 are 50 min. long. There will be NO refunds after the session starts and there will be a \$5.00 administrative charge for any refunds after registration but before the session starts.

**SWIMMING LESSON FEES: RESIDENTS - \$18 NON-RESIDENTS - \$33**

[Check for Lesson Openings and Register Online for Swim Classes!](#)

## Learn to Swim - Class Descriptions

### **PARENT-TOT (AGES 6 MONTHS -5 YEARS)**

#### **Parent-Tot (PT, :25 min. classes)**

Prerequisites: Parents & Children 6 mos. - 5 yrs.

Parent must be in the water also! Designed for children 6 months to 5 years of age, the program builds swimming readiness by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help children learn elementary skills, including water entry, bubble blowing, front kicking, back floating, underwater exploration, and more. Once children can perform basic skills without parental assistance, they may begin Level 1 (must be 4 years old).

### **LEVEL 1 (MINIMUM 4 YEARS OLD)**

#### **Level 1 (:25 min. classes) - Introduction to Water Skills**

Prerequisites: Min. 4 yrs. old.

**Skills required to pass onto next level:** Successfully complete the following exit skills assessment: 1. Enter unassisted, move 5 yards, bob 5 times to chin level and safely exit the water (participants can walk, travel along the gutter or swim). 2. Float on front with support for 3 seconds, rollover onto back (with assistance), float on back with support for 3 seconds.

### **LEVEL 2 (PASSED LEVEL 1)**

#### **Level 2 (:25 min. classes) - Fundamental Aquatic Skills**

Prerequisites: Level 1 or demonstrate all completion requirements in Level 1.

**Skills required to pass onto next level:** Successfully complete the following exit skills assessment: 1. Step from pool side into chest-deep water, move into a front float for 5 seconds, roll over to a back float, return to standing position, then move into a back float for 5 seconds and return to a standing position. 2. Push off and swim using a combination of arm and leg movements for 15 feet on the front, push off and swim using a combination of arm movements for 15 feet on the back.

### **LEVEL 3 (PASSED LEVEL 2)**

#### **Level 3 (:50 min. classes) - Stroke Development**

Prerequisites: Level 2 or demonstrate all completion requirements in Level 2.

**Skills required to pass onto next level:** Successfully complete the following exit skills assessment: Jump into chest-deep water from the side, swim front crawl for 15 yards with face in the water and rhythmic breathing pattern (to front or side), maintain position by treading or floating for 30 seconds and swim back crawl for 15 yards.

### **LEVEL 4 (PASSED LEVEL 3)**

#### **Level 4 (:50 min. classes) - Stroke Improvement**

Prerequisites: Level 3 or demonstrate all completion requirements in Level 3.

**Skills required to pass onto next level:** Successfully complete the following exit skills assessment: 1. Perform a feet-first entry into chest deep water, swim front crawl for 25 yards, maintain position on back 1 minute in deep water (float or sculling), and swim elementary backstroke for 15 yards. 2. Swim breaststroke 15 yards, tread water for 1 minute, swim back crawl 25 yards.

## Levels & Prerequisites

**Adult Lessons - Beginner to intermediate abilities (:50 min. class)**

**Parent-Tot (PT - :25 minute classes)**

Parents & Children 6 mos. - 3 yrs. A parent must be in the water.

**Level 1 (:25 minute classes)**

**Introduction to Water Skills**

Prerequisites: minimum of 4 years old

**Level 2 (:25 minute classes)**

**Fundamental Aquatic Skills**

Prerequisites: Level 1 or demonstrate completion requirements in Level 1

**Level 3 (:50 minute classes)**

**Stroke Development**

Prerequisites: Level 2 or demonstrate completion requirements in Level 2

**Level 4 (:50 minute classes)**

**Stroke Improvement**

Prerequisites: Level 3 or demonstrate completion requirements in Level 3

**Level 5 (:50 minute classes)**

**Stroke Refinement**

Prerequisites: Level 4 or demonstrate completion requirements in Level 4

**Level 6 (:50 minute classes)**

**Swimming and Skill Proficiency**

Four Options include:

**1) Personal Water Safety**

**2) Fundamentals of Diving**

**3) Fitness Swimmer**

Prerequisites: Level 5 or demonstrate all completion requirements in Level

**Internet Only Registration  
March 7-20**

# Holmen Area Aquatic Center: Swimming Lessons

## Swimming Lesson Registration

### REGISTRATION FOR SWIM LESSONS:

- March 7 - March 20: Registration will be open online on an INTERNET ONLY basis for residents and non-residents. All other forms of registration will be held until March 21 before processing and confirmation.
- Beginning March 21: All forms of registration will be accepted for residents and non-residents (Online, Mail-in, Walk-in, fax or drop box at Village Hall).

**All Pool Memberships must be purchased at Holmen Village Hall or online. Memberships can not be purchased at the Aquatic Center.**

## Learn to Swim - Class Descriptions

### LEVEL 5 (PASSED LEVEL 4)

#### Level 5 (:50 min. classes) - Stroke Refinement

Prerequisites: Level 4 or demonstrate all completion requirements in Level 4.

#### Skills required to pass onto next level:

Successfully complete the following exit skills assessment: 1. Perform a shallow dive into deep water, swim front crawl 50 yards, maintain a back float position for 2 minutes in deep water (float or scull) and swim elementary backstroke for 25 yards. 2. Swim breaststroke for 25 yards, tread water for 2 minutes and swim back crawl for 50 yards.

### LEVEL 6 (PASSED LEVEL 5)

**Level 6 now has 4 different options.** (Level 7 has been eliminated)

#### Level 6: Swimming and Skill Proficiency

Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Level 6 is designed with "menu" options. Each of these options focus on preparing students to participate in more advanced courses, such as Water Safety Instructor and Lifeguard Training.

#### These options include:

1. **LEVEL 6** - Fitness Swimmer
2. **LEVEL 6** - Fundamentals of Diving
3. **LEVEL 6** - Personal Water Safety

**SEE LESSON  
SCHEDULE  
ON PAGE 27**

## JUNIOR LIFEGUARDING

### (4 week class, 19 days)

Junior Lifeguarding is designed for youths 11 years of age, or those who have completed the 5th grade through 14 years of age.

Junior Lifeguarding is an effective transition from upper-level Learn-to-Swim courses to the American Red Cross Lifeguarding program, challenging participants to stay involved with aquatics. The course also provides the participating agency with a known group from which to recruit future lifeguards.

Junior Lifeguarding will introduce participants to: The skills needed for entry to the American Red Cross Lifeguarding course.

Communication and decision-making skills. The basic responsibilities of a lifeguard. The basic knowledge and skills required to be a lifeguard.

The Junior Lifeguarding course does not certify participants in first aid, CPR or AED or as a lifeguard.

**Dates:** July 5-July 29 (19 days),

**Meets:** Monday-Fridays  
7:00pm-7:50pm

**Fee:** \$50

## Log Rolling

Do you want to learn the exciting sport of log rolling that's seen on ESPN? It teaches balance, agility, and mental toughness. Most importantly, it's really fun and safe. Kids and adults love it! Try it as a family activity.

Class limit of 6, minimum of 2.

**Open to:** Ages 7-Adult

**Site:** Holmen Aquatic Center

### 2016 Log Rolling Classes:

(offered the same dates as swim lessons: see schedule)

**Session 1** (June 6-June 17):

**Class #1:** Monday - Friday, 11:00-11:25am

**Class #2:** Monday - Friday, 11:30-11:55am

**Session 2** (June 20-July 1):

**Class #3:** Monday - Friday, 11:00-11:25am

**Class #4:** Monday - Friday, 11:30-11:55am

**Session 3** (July 5-July 15):

**Class #5:** Monday - Friday, 11:00-11:25am

**Class #6:** Monday - Friday, 11:30-11:55am

**Session 4:** (July 18-July 29):

**Class #7:** Monday - Friday, 11:00-11:25am

**Class #8:** Monday - Friday, 11:30-11:55am

**Session 5:** (August 1-August 12):

**Class #9:** Monday - Friday, 11:00-11:25am

**Class #10:** Monday - Friday, 11:30-11:55am

**Fee:** \$18 Resident, \$33 Non-Resident

# Holmen Area Aquatic Center: Swimming Lessons

## 2016 "Learn to Swim" Lesson Levels - Class Schedule

### SESSION 1: JUNE 7 - JUNE 17, 2016

9:00 a.m.-9:50 a.m.	Level 2 (:25)	Level 3	Level 4	Level 5
9:30 a.m.-9:55 a.m.	Level 1 (:25)			
10:00 a.m.-10:25 a.m.	Level 1 (:25)	Level 2 (:25)	Level 3	
10:30 a.m.-10:55 a.m.	Level PT (:25)	Level 2 (:25)		
11:00 a.m.-11:25 a.m.	Log Rolling Class #1			
11:30 a.m.-11:55 a.m.	Log Rolling Class #2			
6:00 p.m.-6:50 p.m.	Level PT (:25)	Level 1 (:25)	Level 2 (:25)	Level 3
6:30 p.m.-6:55 p.m.	Level PT (:25)	Level 1 (:25)	Level 2 (:25)	
7:00 p.m.-7:50 p.m.	Level 3	Level 4	Level 5	Level 6 - Diving
8:00 p.m.-8:50 p.m.	Adult Lessons			

### SESSION 2: JUNE 20 - JULY 1, 2016

9:00 a.m.-9:50 a.m.	Level 3	Level 4	Level 5	Level - 6 Fitness
10:00 a.m.-10:25 a.m.	Level 1 (:25)	Level 2 (:25)	Level 3	
10:30 a.m.-10:55 a.m.	Level PT (:25)	Level 2 (:25)		
11:00 a.m.-11:25 a.m.	Log Rolling Class #3			
11:30 a.m.-11:55 a.m.	Log Rolling Class #4			
6:00 p.m.-6:50 p.m.	Level PT (:25)	Level 1 (:25)	Level 2 (:25)	Level 4
6:30 p.m.-6:55 p.m.	Level PT (:25)	Level 1 (:25)	Level 2 (:25)	
7:00 p.m.-7:50 p.m.	Level 3a	Level 3b	Level 4	Level 5
8:00 p.m.-8:50 p.m.	Adult Lessons			

### SESSION 3: JULY 5 (No Class July 4) - JULY 15, 2016

9:00 a.m.-9:50 a.m.	Level 2 (:25)	Level 3	Level 4	Level 5
9:30 a.m.-9:55 a.m.	Level 1 (:25)			
10:00 a.m.-10:25 a.m.	Level 1 (:25)	Level 2 (:25)	Level 3	
10:30 a.m.-10:55 a.m.	Level PT (:25)	Level 2 (:25)		
11:00 a.m.-11:25 a.m.	Log Rolling Class #5			
11:30 a.m.-11:55 a.m.	Log Rolling Class #6			
6:00 p.m.-6:50 p.m.	Level PT (:25)	Level 1 (:25)	Level 2 (:25)	Level 3
6:30 p.m.-6:55 p.m.	Level PT (:25)	Level 1 (:25)	Level 2 (:25)	
7:00 p.m.-7:50 p.m.	Level 3	Level 4	Level 5	Junior Lifeguarding (4 weeks)
8:00 p.m.-8:50 p.m.	Adult Lessons			

### SESSION 4: JULY 18 - JULY 29, 2016

9:00 a.m.-9:50 a.m.	Level 3	Level 4	Level 5	Level 6 - Safety
10:00 a.m.-10:25 a.m.	Level 1 (:25)	Level 2 (:25)	Level 3	
10:30 a.m.-10:55 a.m.	Level PT (:25)	Level 2 (:25)		
11:00 a.m.-11:25 a.m.	Log Rolling Class #7			
11:30 a.m.-11:55 a.m.	Log Rolling Class #8			
6:00 p.m.-6:50 p.m.	Level PT (:25)	Level 1 (:25)	Level 2 (:25)	Level 3
6:30 p.m.-6:55 p.m.	Level PT (:25)	Level 1 (:25)	Level 2 (:25)	
7:00 p.m.-7:50 p.m.	Level 3	Level 4	Level 5	Junior Lifeguarding (cont.)
8:00 p.m.-8:50 p.m.	Adult Lessons			

### SESSION 5: AUGUST 1 - AUGUST 12, 2016

9:00 a.m.-9:50 a.m.	Level 3	Level 4	Level 5	Level 6 - Diving
10:00 a.m.-10:25 a.m.	Level 1 (:25)	Level 2 (:25)	Level 4	
10:30 a.m.-10:55 a.m.	Level PT (:25)	Level 1 (:25)	Level 2 (:25)	
11:00 a.m.-11:25 a.m.	Log Rolling Class #9			
11:30 a.m.-11:55 a.m.	Log Rolling Class #10			
6:00 p.m.-6:50 p.m.	Level PT (:25)	Level 1 (:25)	Level 2 (:25)	Level 3
6:30pm-6:55 p.m.	Level PT (:25)	Level 1 (:25)	Level 2 (:25)	
7:00 p.m.-7:50 p.m.	Level 3	Level 4a	Level 4b	Level 5
8:00 p.m.-8:50 p.m.	Adult Lessons			

**A "Safety Day" will be held inside on the first poor weather day, don't assume lessons are cancelled.  
Check our website for cancellation updates: [www.holmenwi.com/holmenpr](http://www.holmenwi.com/holmenpr)**

# Holmen Area Aquatic Center: Programs

## Water Aerobics & Lap Swim

Water Aerobics & Lap Swim are included FREE as part of a Pool Membership.

### WATER AEROBICS

Weekdays 11:00 a.m.-11:45 a.m.

Weeknights 8:00 p.m.-9:00 p.m.

• Water Aerobics starts on June 6 and will end on August 19. The slides are closed during these scheduled times.

**Fee:** \$2 per day (pay at the pool)

Free with Pool Membership

### ADULT LAP SWIM

Weeknights 8:00 p.m.-9:00 p.m.

• Two lanes available. Lap swim starts on June 6 and will end on August 19. The slides are closed during these scheduled times.

**Fee:** \$2 per day (pay at the pool)

Free with Pool Membership

## Hurricane Swim Team Ages (18 & Under)

Participants will have the opportunity to compete in 8-10 local swim meets, including 1 home meet. Schedule will be announced on June 6. Participants provide their own swimsuit; black is our team suit color. Parents are encouraged to attend an informational meeting on June 6th at the first practice.

**Season: June 6 - Late July (TBA).**

**Practices:** Monday-Friday (5 days a week, each week)

**Times:** Advanced (12 & older) - 10:00 a.m.-11:00 a.m.

Beginners (11 & under) - 11:00am-11:45am

### TO BE ELIGIBLE TO PARTICIPATE:

Participants must be able to swim a length of the pool (25 yards, front crawl).

**Fee:** Resident \$40 Non-resident \$70



## Aquatic Center Special Events

### Theme Days During Open Swim

Come dressed for the theme, costume contest, games, music, and surprises. Regular Daily Admission required with no extra fees for activities. Theme activities are offered from 12:00 p.m.-3:00 p.m., open swim will be open until 6:20 p.m.



### THEME DAY #1 - TBA

Wednesday, June 15 • 12:00 p.m.-3:00 p.m.

### THEME DAY #2 - TBA

Wednesday, July 13 • 12:00 p.m.-3:00 p.m.

### KIDS SUMMER CARNIVAL

Wednesday, August 3 • 12:00 p.m.-3:00 p.m.

**Fee:** Regular Daily Admission or use of your membership





Wisconsin Park & Recreation Association

## WPRA Discount Tickets

**DO NOT PUT TICKET PURCHASES ON ACTIVITY REGISTRATION FORM. ALL TICKET PURCHASES ARE CASH ONLY!**

### Purchase Tickets to Many of the Most Popular Attractions

Holmen Park & Recreation Department is a discount ticket outlet for many of the most popular amusement parks and tourist attractions in Wisconsin. Call: (608) 526-2152 for more information.

**Tickets Available:** Monday-Friday, 8:00am- 4:30pm at the Holmen Village Hall, 421 S. Main St., Holmen, WI 54636.  
Tickets will be available for purchase: early May - September 2.

#### Dells Army Ducks

Adult GATE Price: \$30.00

**WPRA SELLS AT:** \$18.00 Customer Saves: \$12.00

Child GATE Price: \$13.00

**WPRA SELLS AT:** \$9.00 Customer Saves: \$4.00

#### Dells Boat Tours - Upper Dells

Adult GATE Price: \$28.50

**WPRA SELLS AT:** \$24.50 Customer Saves: \$4.00

Child GATE Price: \$14.25

**WPRA SELLS AT:** \$13.85 Customer Saves: 40¢

#### Dells Jet Boat Adventure

Adult GATE Price: \$28.50

**WPRA SELLS AT:** \$24.50 Customer Saves: \$4.00

Child GATE Price: \$14.25

**WPRA SELLS AT:** \$13.85 Customer Saves: 40¢

#### Chula Vista Resort Indoor & Outdoor Waterpark

Ticket GATE Price: \$29.95

**WPRA SELLS AT:** \$19.95 Customer Saves: \$10.00

#### Milwaukee County Zoo

Adult GATE Price: \$14.25

**WPRA SELLS AT:** \$10.50 Customer Saves: \$3.75

Child GATE Price: \$11.25

**WPRA SELLS AT:** \$8.50 Customer Saves: \$2.75

#### Mt. Olympus Water & Theme Park

TICKET GATE Price: \$42.68

**WPRA SELLS AT:** \$15.00 Customer Saves: \$327.68

#### Noah's Ark Family Park Inc.

TICKET GATE Price: \$41.62

**WPRA SELLS AT:** \$26.94 Customer Saves: \$14.68

Spring & Summer Holmen Park & Recreation

#### Pirate's Cove Adventure Golf

Ticket GATE Price: \$8.50

**WPRA SELLS AT:** \$5.50 Customer Saves: \$3.00

#### Wisconsin Ducks Inc.

Adult GATE Price: \$28.50

**WPRA SELLS AT:** \$24.50 Customer Saves: \$4.00

Child GATE Price: \$14.25

**WPRA SELLS AT:** \$13.85 Customer Saves: 40¢

#### Six Flags Great America

##### ANY DAY PASS

Adult GATE Price: \$70.03

**WPRA SELLS AT:** \$46.25 Customer Saves: \$23.78

#### WildThing Jet Boats

Adult GATE Price: \$30.00

**WPRA SELLS AT:** \$18.00 Customer Saves: \$12.00

Child GATE Price: \$13.00

**WPRA SELLS AT:** \$9.00 Customer Saves: \$4.00

#### House on the Rock

Adult GATE Price: \$29.95

**WPRA SELLS AT:** \$22.50 Customer Saves: \$7.45

Child GATE Price: \$15.95

**WPRA SELLS AT:** \$13.50 Customer Saves: \$2.45

#### Big Foot Zip Line Tours

Gate Price (All): \$89.00

**WPRA SELLS AT:** \$65.00 Customer saves \$24.00



# ON THE GO ...

# Come to us!



- **Quick, Healthy Snacks**
- **Treats for the Team**
- **Grab Dinner at our Deli on the Way Home**

## Schedule a Brat Barn Fundraiser for your team or organization!

**festival**  
foods<sup>®</sup>  
Locally Owned  Community Involved

**Onalaska**  
OPEN 24 HOURS  
1260 Crossing Meadows Dr.  
781-2272

**Village, La Crosse**  
OPEN 24 HOURS  
2500 State Rd.  
788-8777

**Holmen**  
OPEN 6am to 11pm  
600 North Holmen Dr.  
526-3339

**Copeland Ave., La Crosse**  
OPEN 24 HOURS  
30 Copeland Ave.  
785-1000



# Registration Form

## COMPLETE REGISTRATION FORM BELOW

Mail to: Holmen Park & Recreation Dept., P.O. Box 158, Holmen, WI 54636  
 Drop-off: at Holmen Village Hall, 421 S. main St., Holmen (24 Hour Drop Box Available)

Family Last Name: \_\_\_\_\_ Parent/Guardian Names: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 Cell Carrier: By listing your cellular carrier, you agree to receive important updates and cancellations via text message from the village of Holmen. Carrier \_\_\_\_\_  
 \_\_\_\_\_ Resident: Village of Holmen \_\_\_\_\_ Non-Resident: Township (circle one): Town of Onalaska Town of Holland Other  
 Email: \_\_\_\_\_ All checks must be payable to Holmen Park & Recreation

**Holmen Area Aquatic Center Memberships Only** (Complete this section) Membership Card will be mailed to you.

Parents' First & Last Names: \_\_\_\_\_  

Children's Name (First, Last)	Birth Dates	Ages
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____

Pool Family Memberships: Maximum of 2 adults and their children under 18, and step children under 18, NOT ALLOWED ON MEMBERSHIPS. Children over 18 years of age must obtain their own memberships. Baby sitters, day care employees, and Grandchildren of Village Residents are no longer eligible to be included on a membership.

Membership fees: Family memberships: Resident - \$125 (\$110),  
 Single Membership: Resident - \$50 (\$45)

**Payment Method:**  
(Check one)

Check (Please make one check for total due, payable to Holmen Park & Recreation)

Cash

Gift Certificate

Credit Card

(circle) Exp. Date \_\_\_/\_\_\_

Card # \_\_\_\_\_

Card Holder Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Participant's Name (First, Last)	M/F	Birth Date	Age	Grade	Program Title & Level (Code Number)	School	Shirt Size	Other Information (notes, requests, etc.)	Fee

Shirt Sizes: YS (6-8), YM (10-12), YL (14-16), AS (adult small), AM (adult medium), AL (adult large), AXL (adult extra large)

**SIGNATURE OF A PARENT OR LEGAL GUARDIAN IS REQUIRED FOR YOUTH REGISTRATIONS.  
 ALL ADULT PARTICIPANTS MUST SIGN BELOW FOR ADULT PROGRAMS.**

I hereby understand that my son, daughter or self is registered to participate in the programs stated on this sheet, sponsored by the Village of Holmen. In addition, I understand that this program, like all physical activity, has some inherent risk involved. Furthermore, my son, daughter, or self is in good physical condition appropriate for the stated activity, and I understand that participants must assume full responsibility for injuries incurred while taking part in these programs. No accident insurance is provided through the Village of Holmen. A doctor's release may be required after a serious illness, injury or hospitalization, before returning to the program.

Parent or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

YES, I would like to be a volunteer coach. Name: \_\_\_\_\_ Program: \_\_\_\_\_

**Registrations must be filled out completely with payment or the registration will be returned.**

Sub Total	\$
Other	\$
Donation	\$
<b>Total Amount</b>	<b>\$</b>

# Thank You Sponsors

## Holmen Park & Recreation Sponsors

We would like to thank the following businesses for their continued support of youth programming through our organization.

Please support these local businesses and thank them for their contribution to Holmen Park & Recreation.

*Special thanks to the Holmen School District for the use of their facilities over the course of the year.*

## Corporate Partners



### Traveling Team Sponsors

Achieve Physical Therapy & Sports Medicine  
Coaches Corner Sports  
Ziegler Heating & Refrigeration  
La Crosse County Sheriff's Department & G.R.E.A.T  
Firefighters Credit Union  
MC Sports  
Midwest Dental  
Yeiter Insurance

### Recreational Team Sponsors

HuHot Mongolian Grill  
Centurylink  
Midwest Dental  
Seven Bridges Bank  
Carroll's Popcorn & Frozen Yogurt  
Games People Play  
Beaver Builder Supply  
Winona Nursery  
Lowman Family Dental  
Pepsi Cola of La Crosse  
First National Bank

### Concerts in the Park Sponsors

First National Bank  
Mayo Clinic Health System - Holmen  
Seven Bridges Bank  
Coulee Sign & Welding  
Berg Enterprises  
Holmen Business Association  
Dickinson Family Funeral Home  
Hilltopper Recycling & Refuse  
Kish & Sons Electric  
MSA Professional Services  
Riverland Energy Cooperative  
Holmen Area Foundation  
Holmen American Legion  
Festival Foods  
Prairie Inn & Suites  
O'Brien & Associates  
Hawkins, Ash CPA's  
Heritage Homes Realty  
Metropolitan Day Spa

### Park & Recreation Committee

The Park, Recreation & Library Committee meets the first Wednesday of each month at 5:30pm at the Holmen Village Hall. The Committee administers, recommends and generally oversees the operations of the Parks, Recreation Programs & Library. Fees, programs, budgeting and park planning are some of the areas the Committee reviews during the year.

### Access to All

Persons with disabilities are invited to participate in any of the programs offered. We ask that participants requiring special assistance please indicate this on the registration form or call 526-2152 so we may make any necessary arrangements. Our area also has one of the best Special Olympics programs around.

Call La Crosse Area Special Olympics 608-789-7596 for details.