

Holmen Park and Recreation Department

Co-Ed Sand Volleyball League Rules - 2020

Game Requirements / Rules

- A. The games will be played following new rules, including rally scoring, setting the serve, and let serves.
- B. No girl rule. Any combination of players can take the ball over.
- C. League play will consist of 3 games to 21 points with a cap of 23. Playoffs will be best 2 of 3 with no cap, win by 2.
- D. Team captains are responsible for reporting scores to supervisor. Score sheets will be in the binder. 1 point awarded per game won.
- E. No officials will be used. You will call your own game. There are no protests allowed. *If there are ANY questions, replay the point!!!!*
- F. Single elimination playoffs. Playoff Tie Breakers: 1) Head to Head 2) Record Against Common opponent 3) Flip a Coin
- G. NOTE CHANGE: GHOST RULE IS IN EFFECT
 - 1. Ghost rule applies only when a team is playing short a female player.
Two penalties apply when playing with a ghost
 - 1. The team forfeits the serve and a side/out point when it is the Ghost's turn to serve.
 - 2. The team must play with only two designated front row players when the Ghost is rotated to the front row.
- H. Roster limit of 12 players. All subs must sign the waiver/roster.
- I. Playoff players must have competed in 2 or more regular season matches.
- J. The server shall serve from anywhere along the end line.
- K. Double contact is legal on the first hit over. This includes serve receive and first hit over on a volley.
- L. Digging with any part of the body, anywhere, anytime is legal.
- M. The back row can spike the ball provided they take off from behind the ten-foot line.
- N. A block doesn't count in the three hits. A person can block the ball and immediately hit it again. *No back row player is allowed to come up and block in the front row.*
- O. No blocking the serve.
- P. Unsportsmanlike conduct will not be tolerated. Please just play and have fun!
NO ARGUMENTS OR COMPLAINING ABOUT THE RULES!!!