

## **2020 Holmen Impact Volleyball**

-Open to girls in 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> grade; Registration deadline: February 12th

### **Dates/Times:**

All grade levels will begin practice the week of March 2<sup>nd</sup> at their assigned times/locations.

5<sup>th</sup> Grade: Tuesdays & Thursdays , 6:00-7:30pm @ Prairie View Elementary

6<sup>th</sup> Grade: Mondays & Thursdays, 6:00-7:30pm @ Holmen Middle School

7<sup>th</sup> Grade: Tuesdays & Thursdays, 7:30-9:00pm @ Prairie View Elementary

8<sup>th</sup> Grade: Tuesdays 7:30-9:00pm, Fridays 5:30-7:30pm @ Holmen Middle School

Girls will be evaluated and placed on teams during the third week of practice.

**\*\*THERE WILL BE NO PRACTICES ON NO SCHOOL DAYS.\*\***

### **Tournaments:**

All teams will participate in the Great Northwest Volleyball League (GNVL). Beginning March 28<sup>th</sup>, the GNVL organizes tournaments for eight consecutive weeks, ending with a League Championship Tournament (LCT), consisting of teams that qualify for the tournament. Each team will attend four out of the possible eight tournament dates. Times & sites: TBA.

Possible Tournament Dates: March 28, April 4, April 11, April 18, April 25, May 2, May 9

League Championship (if qualified): May 16

Tournament Schedules/Locations will be posted on the GNVL website each Sunday night prior to the weekend tournament.

Parent coaches are needed. If interested, please let grade rep or Park & Rec know.

**\*\*All parents need to fill out the Liability Waiver/Concussion Law Agreement prior to March 2<sup>nd</sup> or they will not be able to practice/play. To have parents/guardians submit Liability Waiver/Concussion Agreements online, have them visit our website at [gnbl.org](http://gnbl.org), then click on "Waiver/Concussion Info" in the top menu bar. From there, they can follow the online instructions.**

Uniform shirts will be provided as part of the registration fee & handed out at practice prior to the first tournament.