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**VILLAGE OF HOLMEN**  
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January 28, 2020

Dear Spring Track Parent/Participant:

We would like to welcome you to the 2020 Spring Track season. We will begin practice on Monday, March 30 at 6pm at Holmen High School. Just so everyone is aware, the high school track team has practice right before us and we may have to be patient to get on to the track. If the high school team is still practicing when you arrive, we will wait outside the track until they are finished. In this instance, we will meet in the green space right outside the track and proceed onto the track once the high school team is done.

Practices will be held on Monday and Thursday nights from 6-7:15pm. We will begin on March 30 and our last practice will be held on May 7. There will be no practice on 4/6 or 4/9 due to no school/Easter Week. Participants will be able to compete in three track meets throughout the season. The meets are all hosted by La Crosse Park & Rec and are held at Logan High School. The meet dates are April 25, May 2, and May 9. The meets are not mandatory. You can run in as many of them as you want. Each participant will receive a t-shirt as part of the program. Please wear your t-shirt to the meets.

The registration process will be the same as it was last year. As stated before, La Crosse Park & Rec runs all of the meets and they will be using a computer timing system to help speed up the meets. Because of this, they have given a deadline of April 3<sup>rd</sup> to sign up for all of the meets so they can enter all of the data. Registration forms for meets are available on the Park & Rec website and coaches will have them at practice. If you are planning on running in any of the meets this spring, please fill this form out and bring it to practice. If you are unable to make it to practice, you may drop it off at Village Hall or email it to me at [geary@holmenwi.com](mailto:geary@holmenwi.com). There is a three event max per participant for each meet. If you want to run in a relay you will sign up for it individually and teams will be formed the day of the meet (you do not sign up as a team). **Once again, if you plan on running in any of the meets, you need to sign up by April 3<sup>rd</sup>. There will be NO day-of registrations for any of the meets.** However, if you sign up for a meet and decide that you want to change events, you are allowed to do so. You will need to fill out a change of events form and turn it in one week before the meet. Coaches will have the change of event form at practice and they will also be posted on our spring track web page. Check in for each meet will begin at 9am with warmups beginning at 9:30am. All meets will begin at 10am. Age division is based on age at the day of the meet.

If you have any questions feel free to contact me at 608-526-6317 or [geary@holmenwi.com](mailto:geary@holmenwi.com).

*Sincerely,*  
*Chris Geary, Asst. Park & Recreation Director*